

February/March 2026 – Nowra

1300 222 748 | [BCRcommunities.com](https://www.bcrcommunities.com)

MAGICAL DAY TOURS

It's time to get out of the house and join us for a magical, adventurous bus trip!

Bookings are essential as numbers may be limited – please book at least one week prior to the date of the tour. Cost will be shown with each outing. Pick-up location in the Bridge Road Carpark in Nowra.



Wednesday, 4 February

Pick-up 9.00am (\$21 + meals)

Falls and Lookouts Adventure

Get ready for a day of fresh air, big views and natural beauty! We'll kick off with morning tea at Schutz Nursery in Tomerong before setting out to explore some of the region's most impressive spots. Discover the cascading waters of Granite Falls, soak up the breathtaking panoramic views from George Boyd Lookout, and enjoy the peaceful surrounds of Porters Creek Dam. After a morning of exploring, we'll wind down with a relaxed lunch at Brown Sugar Café in Milton.



Wednesday, 11 February

Pick-up – 9.30am (\$21 + \$27 ticket + meals)

JUDY – The Judy Garland Story

Step into the golden age of Hollywood with The Judy Garland Show, a joyful tribute celebrating the life, music and unforgettable spirit of one of the world's most beloved entertainers. From iconic songs like Over the Rainbow to stories from her extraordinary career, this uplifting performance at the Nowra Entertainment Centre is full of nostalgia, heart and wonderful performances. After the show, we'll head to Worrigeer Workers Club for a relaxed lunch.

First Time with BCR Social Connect?

If this is your first time joining an activity, please let the BCR team know when you RSVP. One of our friendly Lifestyle Activities Coordinators will give you a call beforehand to chat through the details, make sure the activity is right for you, and discuss how we can best support you.



Wednesday, 18 February

Pick-up - 9am (\$21 + meals)

Oysters and Coastal Flavours

Enjoy a relaxed coastal day at Jim Wild's Oysters, a family-owned and operated working oyster farm set on the banks of the beautiful Crookhaven River. Sit back and enjoy fresh oysters and prawns straight from the water while taking in the peaceful river views. We'll start the day with morning tea at Punch the Ploughman in Nowra, before finishing with lunch at Club Callala, known for its friendly atmosphere and classic club meals.



Wednesday, 25 February

Pick-up - 9am (\$21 + meals)

Dose of Art & Culture at Bundanon

Be creatively inspired with free entry to Bundanon Art Museum, one of Australia's most unique regional art destinations. Set within a stunning riverside landscape, the museum features rotating contemporary and Australian art exhibitions, immersive installations, and spaces that connect art with nature, culture and country. We'll start the day with morning tea at The Again and Again Cafe in Bomaderry and finish with lunch at Shoalhaven Heads Bowling Club.



Wednesday, 4 March

Pick-up - 9am (\$31.50 + meals)

Meroo Head Lookout & Lakeside Lunch

Pack your camera and get ready for big views as we head to Meroo Head Lookout, a rugged coastal lookout known for its dramatic headlands and sweeping ocean panoramas. We'll kick things off with morning tea at the much-loved Milton Heritage Bakery, before spending time soaking up the wild beauty and peaceful surrounds of the national park. To wrap up the day, we'll unwind with lunch at Lakeside Café, overlooking the calm waters of Burrill Lake.



Wednesday 11 March

Pick-up - 9am (\$21 + meals)

Exploring the Lake Illawarra Art Trail

We'll begin the day in Gerringong, enjoying morning tea in the village and some time to wander the main street. From Gerringong, we'll head north to the Lake Illawarra Foreshore Art Trail, where an easy, mostly flat walk follows the water's edge. Along the way, we'll discover a variety of interesting public artworks set against the scenic backdrop of the lake. A leisurely lunch at Windang Bowling Club awaits us at the end of our art walk.



Wednesday, 18 March

Pick-up - 9am (\$31.50 + \$8 ticket + meals)

Southern Highlands Botanic Gardens Tour

Discover the beauty and vision behind one of the Southern Highlands' most special garden spaces with a guided tour of the Southern Highlands Botanic Gardens. Learn about the evolving gardens, seasonal plantings and future plans while strolling through the peaceful surrounds. We'll start the day with morning tea at Hampden Deli in Kangaroo Valley, before heading to Bowral for our garden visit. To finish, we'll enjoy a relaxed lunch together at Biscotti Café in Bowral.



Wednesday 25 March

Pick-up – 9am (\$31.50 + \$25 ticket + meals)

Illawarra Fly Treetop Adventure Walk

Experience the beauty of the rainforest from a whole new perspective with a visit to the Illawarra Fly Treetop Adventure Walk. The elevated steel walkway gently winds through the treetops, offering breathtaking views of the rainforest canopy and coastline beyond. With a smooth, well-maintained path and gradual inclines, the walk is can be enjoyed at an easy, comfortable pace. After our walk, we will go to the Jamberoo Pub for a well-deserved lunch!

WELLNESS CLASS

Physio Pal Exercise Classes

North Nowra Community Centre

Thursday 10.00am – 11.00am

For more information or to book a class please call Physio Pal on 42023874.



Please Note: prices listed for all social activities are for clients with the Commonwealth Home Support Program (CHSP). Clients with a Home Care Package will need to speak to their Care Manager about the cost of activities.

Cancellations: if you need to cancel an activity we need the cancellation to be made at least two business days

To book an activity or find our more, please phone 1300 222 748 or email info@bcrcommunities.com