

## MAGICAL DAY TOURS

It's time to get out of the house and join us for a magical, adventurous bus trip!

Bookings are essential as numbers may be limited – please book at least one week prior to the date of the tour. Cost will be shown with each outing as price may differ depending on the distance traveled for the day. There are different pick-up and drop-off locations for each tour - our social connect team will discuss the best option for you at the time of booking.



### Tues 3 Sept, 9am to 3pm (\$30)

#### La Crèma, Lookout and Lunch

Today's morning caffeine and sugar boost will be courtesy of the delectable treats from La Crema Café in Picton. We will then head to Burratorang Lookout for a stroll along the walking tracks and to soak up the spectacular views of Warragamba Dam. Lunch will be at the Oakdale Workers Sports and Recreation Club. Cost is \$30 plus food and drinks.



### Thursday, 5 Sept, 9am to 3pm (\$20)

#### Nan Tien Temple and Club Lunch

Today, we will find inner peace and tranquility with a tour of the beautiful Nan Tien Temple complex in Wollongong. The temple is one of the largest Buddhist temples in the Southern Hemisphere.

We will enjoy morning tea at the Fern and Anchor in Lake Illawarra on the way and lunch will be at Wests Illawarra. Cost = \$20 + your food and drinks.



### Wednesday, 11 Sept, 9am to 3pm (\$20)

#### Op Shop Bargain Hunt

Designer clothing, unique accessories, old books, vintage china or a beautiful piece of art - it is so exciting unearthing treasure in an op shop and only paying a few dollars for it! On this magical day tour we will be exploring op shops in the Illawarra with a prize for the person who finds the most unique treasure or best bargain! We will start the fun at The Quarry Nursery in Kiama for Morning Tea and have lunch with sea views at Towradgi Bowling Club. Cost is \$20 plus food and drinks and shopping!

## MAGICAL DAY TOURS (cont'd)



**Thurs, 19 Sept, 9am to 3pm (\$30)**

**NSW Rail Museum - Thirlmere**

You don't have to be a train enthusiast to have a great day out at this fascinating museum. It houses an extensive collection of historic locomotives and offers interactive exhibits and detailed displays, about the evolution of rail travel in Australia. Morning tea will be at Picton Social and we will enjoy lunch at the Camden Golf Club. Entry to the Museum is \$10 for concession card holders.



**Tues 24 Sept, 9am to 3pm (\$20)**

**Mystery Harvest Food Trail**

Today we are visiting farms from around the region and discovering sustainable, artisanal produce from passionate farmers. The first stop will be Mountain Range Nursery and Vegetable Farm which is not usually open to the public but will be giving us a personalised tour and providing a special morning tea made with their freshly picked produce. We will visit more farms along the way before exploring the \$10 lunch menu at Kiama Leagues Club. The cost for the Farm Tour which includes morning tea is \$10.

## MAGICAL DAY TOURS (cont'd)



**Saturday, 28 Sept, 8am to 5pm**

**Saturday BIG Day Out Tour (\$40)**

**IKEA**

Wear your comfortable shoes and bring your bags because we are going shopping! We will fortify ourselves for the day ahead with morning tea at the beautiful Helensburgh Nursery. Then it is on to IKEA in Marsden Park for a bargain Swedish style lunch in the IKEA Cafeteria and plenty of time to stock up on homewares. The perfect opportunity to get a jump on Christmas shopping! Cost is \$40 plus your food and drinks.

## WELLNESS CLASS

This class has been designed to improve your strength, balance and mobility, and reduce your risk of falls.

**Physio Pal Exercise Class**

**Warrigal – 69 O'briens Rd, Figtree**

**Thursday 10.00am**

For more information or to book a class please call Physio Pal on 42023874

## CANCELLATIONS

We understand that circumstances can change but if you need to cancel an activity we ask that the cancellation be made at least two business days before the scheduled activity to avoid a cancellation fee. If a cancellation is made within this timeframe, a fee of \$30 may be charged. This is in line with all other BCR aged care services.

To book an activity or find out more, please phone 1300 222 748 or email [info@bcrcommunities.com](mailto:info@bcrcommunities.com)

