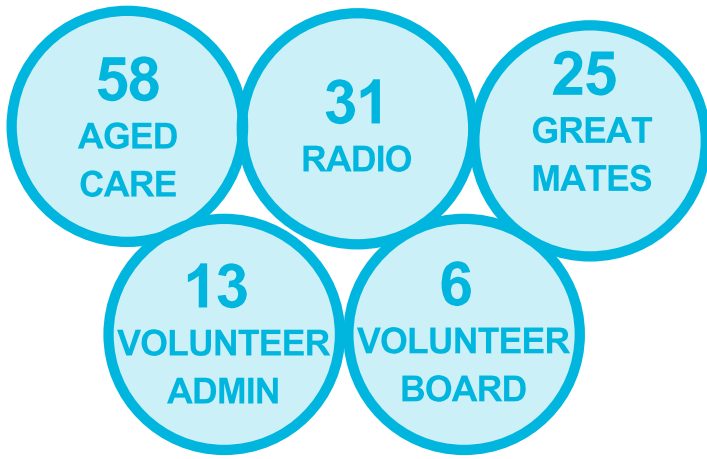




ANNUAL REPORT 2018





133
VOLUNTEERS

100
STAFF



THIS YEAR, BECAUSE OF YOU

MAJOR EVENT
National Volunteer Week



**INNOVATIVE
WORKSHOPS**



INCREASE IN REVENUE

18.7%

**THANK
YOU!**

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VISION

To be the leading community provider in the Illawarra

VALUES

Each person has a right to be treated with dignity and respect

We are all individuals and have individual needs

Our services are managed effectively and efficiently

We are open to continual improvement

MISSION

To identify community needs and where possible, establish services to meet those needs

To stimulate the interest of the community in the development of their area

To have a vote in the establishment and operation of these services

MESSAGE FROM THE CEO AND PRESIDENT

An annual report offers organisations such as BBCR an opportunity to share their story by focussing on the highlights and successes over the past year. This year I celebrated 20 years of being part of this great community-based organisation and I am very proud of the achievements and growth that BBCR has experienced. It gives me great pleasure to start you on our journey.

In my role as CEO, I have the pleasure of working closely with six dedicated and passionate volunteer Board members. They all have busy lives with their own work and family commitments but find the time to carry out their governance duties and make a difference at BBCR for the benefit of their community. Our President, Dave Reynolds, has been with BBCR for over 18 years. I think it would be fair to say that we have not grown older working together, but hopefully as they say with age comes "wisdom, kindness, confidence and ease". The great thing about this ideology is Dave and I together have had the opportunity once again to prepare and deliver this annual report with an aim to showcase the organisation's valued contribution in the community, plus acknowledge the great people that have been involved with us throughout the year to deliver a vibrant, successful and growing business in line with our community focussed values.

OUR 2017/18 STORY

This journey starts with BBCR being recognised for its uniqueness; being diverse in the range of services it provides with the dedication of the 190+ robust workforce consisting of both valuable staff and volunteers who each bring the special gifts of their own history, attributes, skill set and experience.

Working and collaborating together our people create and deliver a dynamic positive power surge of kindness, commitment and dedication to others.

The Board and I receive many reports from clients who value our services and the teams who deliver them. An example of this is the following client's testimonial we recently received. Dave and I would like to share these words with you as it confirms what BBCR Mission and Values are all about:

.....
"On behalf of my wife and myself I would like to place on record our appreciation for the wonderful job that your volunteers performed at our home. The whole experience ranging from your organisational skills to the fantastic job done by you (Steve our staff member and volunteer Susan) was most professional and understanding. Your organisation stands out like a beacon in the Shoalhaven at just what can be achieved when the community works together. Thanks again for this invaluable assistance.

- M & W 22/08/18
.....

It most certainly warms our hearts when we receive the many emails, cards and phone calls of gratitude. We listen to the stories from families of how BBCR made a difference and improved the quality of life for many individuals who have been faced with life's challenges and needed our helping hand.

Our assistance for individuals comes in many ways and through numerous programs. We have helped thousands of residents who have accessed our Sanctuary Point Community Centre, Community Cottage, Community Radio, Offices in Sanctuary Point and Nowra, as well as our Day Respite Activity venues

such as the Men's Shed, St. Georges Basin, Nowra and Sanctuary Point day venues. We also have been providing access for residents in the Northern Illawarra to gain Aged Care information from our Outreach Service at the Dapto Ribbonwood Centre. Community members have been offered support, education and information at workshops, courses, carers groups or a direct or indirect referral to Outreach Services. Whether it be through our in-home aged care services or our Out-of-School Care Program, BBCR will always be there to respond and enrich the lives of others.

The multiple pathways of assistance we offer is endless as we are extremely proactive in seeking and maintaining strong partnerships with other key stakeholders to offer a "One Stop Shop" approach. This means if BBCR cannot provide direct services, we have linkages and partnerships to support a "person centred" approach to meet the social, health and community support requirements of each individual.

We also deliver services for people with a disability and during 2018 gained our Third Party Verification for application through the NDIS.

Our people are truly amazing individuals, working together as a team. They are absolutely awesome! We have had the wonderful pleasure of working alongside many of our Team members to meet the challenges and highlights that are part of the community care reform journey. Two of these amazing individuals are Jessica Coleman, our Registered Nurse and Skye Macklin, Social Worker. Together, they completed the implementation phase of our new Short Term Restorative Care Program while also operating our Home Care Packaged Program. Together, they have provided case management processes to develop a highly successful service with amazing outcomes for clients. We now have a waiting list.

INFRASTRUCTURE AND GROWTH

Our budget and resources increased yet again with the purchase of Larmer Road Property, Sanctuary Point, providing the opportunity to increase our community activities.

Due to our lease expiring at Mattes Way, we sought to purchase a commercial property in Browns Road, South Nowra. The current building on this property will be modified to establish a "one stop shop" business venue for our operations. In the interim, our Aged Care operations have moved from Mattes Way venue to a rented venue in Douglas Street, Nowra. The move was project managed by Deborah Butler and a team of volunteers, contractors and staff. The transition went according to plan with little or no disruption to operations.

We would like to acknowledge the Department of Health who approved a proportion of our CHSP unspent funds for 2016/17 to be utilised in supporting clients during this transitional period. Funds were expended on new equipment, communications, signage and relocation of the day respite program to a separate venue in North Nowra. As mentioned previously this transition went smoothly and a big thank you to Deb Lawler who supported the Project Development Manager in positively moving our clients to their new location – well done again to our great team.

PARTNERSHIPS

Our new partnership and Service Agreement with Partner IT is very exciting. They also provided the upgrading of our new communications and IT system for the Douglas Street venue.

Partner IT's assistance during this phase led to an ongoing Contract for their company to provide 24 hour, 365 days a year IT infrastructure support. To increase efficiencies, BBCR is moving to



Cloud IT computing in the form of server and infrastructure hosting for a new Client Management System "TRACCS", as well as with our emails. This will provide greater capabilities for our organisation with many benefits. For example, utilising this computer interface will offer a high level of security protection in back up, data sharing, meeting the new National Data Breach legislation, and provide effective management of the integrity and accuracy for Government data reporting through the DEX platform.

This year we also formed a partnership with "Tecuris" to offer clients new advancements through a digital innovation care system.

We are pioneers in this great new technology. We have been working with Tecuris for the past 12 months to plan the implementation of a trial, which has been offered to our aged care clients who are isolated or need health support. Tecuris Connect is a supported technology system, which is individualised for each client and provides a platform (interactive tablet) for easy messaging, video calling, photo sharing and lots more. The system is handcrafted for individuals who have very limited knowledge on using technology. Having a managed tablet that has been tailored to access many topics of interest, engaging with family, friends and their community, will assist to keep them connected, stay informed and healthy. The tablet is designed for our clients with safe access to trusted applications, websites and digital information.

Another exciting development this year was our partnership with University of Wollongong, gaining their support in seeking funding and utilising evidence based practices in supporting the ongoing development of a "person centred" culture. This will enhance opportunities for members of our communities to be supported by best practice services to meet their own individual life circumstances.

NEW COMMUNITY PROGRAMS

You will read in following reports of the many funding success stories from our Community Service Team lead by Tabitha Gallanty. In a highly competitive market they won the tender for The Youth Opportunities funding to deliver "Youth Moves" and the Cultural Enrichment Program through the Strong and Resilient Communities funding, plus a Multi-Cultural grant. Throughout the year they have also gained small amounts of funds from ClubsGrants and other funding sources. Gemma, Karen, Gail and our newest community team member Amanda (working at the Sanctuary Point Youth and Community Centre), have delivered outstanding community projects such as the SOUP nights, outside Movie nights and many more events and playgroups. The team are busy enjoying planning great activities for the year ahead.

We would also like to give our thanks to Ann Sudmalis, MP for her letter to the Prime Minister requesting and securing one year's additional funding for our "Great Mates" program. Ms Sudmalis was very proactive in expressing to the Minister the impact that any loss of funding would have on the Sanctuary Point Community. This extension provided us with the opportunity to redesign our existing model and introduce new initiatives to seek other



Nathalie from Tecuris assisting Kathleen with her iPad at a morning tea event in the BBCR Cottage

income source. Brad Slaughter, Steve Collins and their Team of volunteers are all to be congratulated for the continual outcomes gained through this program and associated activities. This extension also confirmed that BBCR is recognised by Government, schools, disability networks and many other community groups for the valuable contribution that we make together each day .

FINISHING THE YEAR WITH SURPRISES

Our story will never end but each June our year does close with the required auditing process and a celebration for Staff and Board members at the “End of Financial Year” event. This year our thanks goes to Michael Irving (Finance Manager), Lia, Vanessa and the rest of the Team for such a well-planned and enjoyable event held at our 18 Sanctuary Point Road venue. The day provided all staff from the Northern and Southern parts of the Illawarra and Shoalhaven to join together and enjoy the activities of the day. The recognition of BBCR staff “Years of Service” and the “Employee of the Year” Awards are an important part of the program.

The announcement of the CEO’s 20 years of service was acknowledged with a special surprise event, which included a guest appearance of the CEO’s favourite artist, “Elvis”, who wrote and sang a specially written song for her. There was a presentation of gifts, including the magnificent bench seat made from recyclable wood and metal by the Men’s Shed volunteers. Brad Slaughter, Community Project Officer, who has worked with the CEO for over 15 years presented the gift. A big thank you to Steve Collins (Elvis). He is our man of many talents, a true example of just how diverse and versatile our staff members are!



CEO, Brad and Steve enjoying a well deserved rest on the gift presented to Sue for 20 years of service



The EOFY event is also attended by Board Members who get to mingle and hear the many stories of the great work carried out by our Teams. This event has become such an integral part of our “Person Centred” culture that we have added an additional page to our Annual Report highlighting the activities with photos to illustrate this great day.

Sue Clifton
BBCR CEO

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FROM THE BBCR PRESIDENT

As Board President and a resident living near the “Operations Hub” in Sanctuary Point, I am fortunate enough to be reasonably close to some of the day-to-day activities of BBCR and all its various staff and volunteers. I see an organisation metaphorically sailing the seas of constant change as accountability and structural changes are handed down from the Government at all levels. Our diversity makes the variety of things changing almost impossible for the Board to follow as new acronyms spring up overnight, and new staff names appears as the organisation grows.

To manage all this, the Board looks to the CEO and key staff to support us in making the best decisions for the operation and future requirements of BBCR. We are often amazed by the dedication shown by staff, often under deadlines and filling in for others when required. It shows a high standard when it comes to recruitment and a real focus on the values of our organisation.

It's the values and culture of BBCR we believe sets BBCR apart from many other organisations and businesses both inside and outside of our operational areas. Such a focus comes from a leadership that demonstrates these values and our CEO, Sue Clifton, certainly does this. That makes it easier for the Board to do its work with the assurance that we are doing the best we can in our role in the organisation.

Collectively the Board would like to thank all those who are part of the BBCR Team, be they staff or volunteers, for their fantastic effort over the past year. You make the Board feel part of the team and we, like most people, love to be part of a winning team!

Dave Reynolds
BBCR President



BBCR President - Dave Reynolds



Recognition of Dave's service

BBCR ANNUAL GENERAL MEETING

Date: Thursday 14th November, 2017
Bay & Basin Community Resources Inc.
18 Santurary Point Road, SANCTUARY POINT, NSW 2540

Meeting Open: 6.35pm

Chairperson: Dave Reynolds

Apologies: Oisin Sweeney, Tania Cartmill, Brad Slaughter, and Michelle Gregory.

Attendance: Registered and signed in ATTENDANCE BOOK.

2016 AGM Report: Tabled.
Motion: That the 2016 AGM Minutes be accepted.
Moved: Jo McAlister **2nd:** Ross Clifton **Carried**

PowerPoint presentation:
Play Therapy Programs - presented by Tabitha Gallanty, Community Services.
Work for the Dole Activity & Leaving Care Presentation 2017 - presented by Steve Collins.

Propose adoption of 2017 Annual Report:
Moved: M Smith **2nd:** J McAlister **Carried**

Treasurer's Report: Tabled
Motion: That Financial Audited Report be accepted.
Moved: M. Smith **2nd:** S O'Brien **Carried**

Election of Office Bearers 2017/2018

Returning Officer: David Sim
All offices declared vacant by Returning Officer who thanked the outgoing Executive for a job well done.

Nominations read out by Returning Officer and formalities carried out in accordance with the BBCR Constitution.

All Positions filled and accepted:

President: David Reynolds	Moved: Michele Smith	2nd: Ross Clifton
Vice President: Jo McAlister	Moved: Michele Smith	2nd: Ross Clifton
Treasurer: Sharon O'Brien	Moved: Ross Clifton	2nd: David Reynolds
Secretary: Michele Smith	Moved: Ross Clifton	2nd: David Reynolds
Ordinary Member: Rebecca Rudd	Moved: David Reynolds	2nd: Ross Clifton
Ordinary Member: Tania Cartmill	Moved: Michele Smith	2nd: David Reynolds
Ordinary Member: Ross Clifton	Moved: Michele Smith	2nd: Jo McAlister
Ordinary Member: Oisin Sweeney	Moved: David Reynolds	2nd: Ross Clifton

Annual Membership Fees: Membership Fees to remain at \$1.
Moved: D Reynolds **2nd:** J McAlister **Carried**

Meeting closed: 8.30pm



FINANCIAL OVERVIEW

ACHIEVEMENTS

BBCR had another successful financial year with a number of notable achievements and strengthening of our financial position.

We were successful in obtaining contract extensions and new funding for the following:

- New community services funding CEP, SARC, Youth Moves over \$300,000 for next year and into the following year
- A significant increase in the number of Home Care Packages and Short Term Restorative Care placements
- Work for the Dole Programmes continued throughout most of the year and completed various projects on site at Sanctuary Point
- Grants from Community Broadcasting for radio equipment and transmission costs
- Several Club Grants donations totaling almost \$23,000
- Funding for refurbishment of the Respite Cottage.

In addition to the above, we invested in our assets and facilities during the year included the following:

- Purchase of land in Sanctuary Point
- Purchase of property in South Nowra for the new aged care office.

FINANCIAL RESULTS

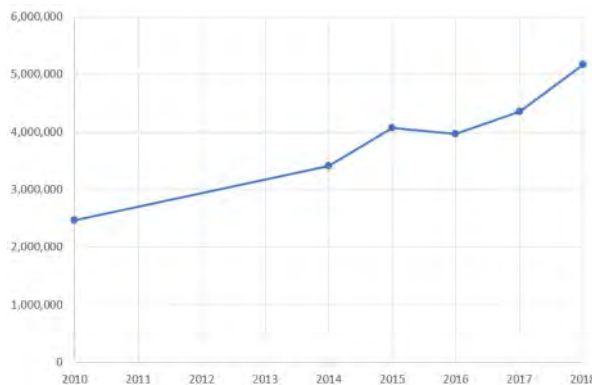
Our financial results were strong, continuing on from recent years.

We had a significant increase in operating revenue of 18.7%, to approximately \$5.2million. This was achieved largely due to the increase in Home Care Packages and non-recurrent funding. This increase in revenue ensured that we achieved an impressive operating surplus of \$551,491 after a depreciation charge of \$107,959. This increase represents a large improvement from 2017, and reflects prudent management of expenditure together with our strategies for growing the organisation revenue streams sustainably.

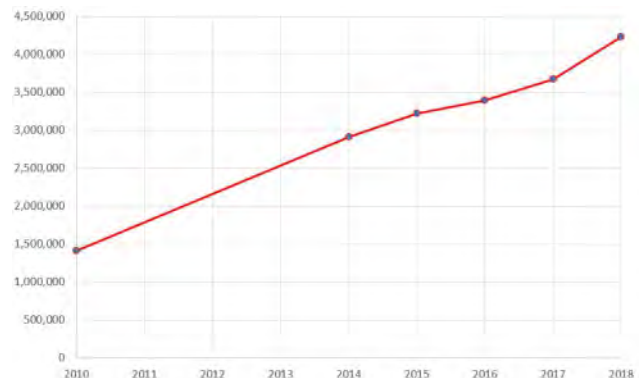
NEXT YEAR

BBCR will acquire new software and IT resources and commence work on the land in Sanctuary Point and the new office in South Nowra. Funding of these capital outlays will be from reserves provided for in prior years.

Revenue 2010 - 2018



Net Assets 2010 - 2018



END OF FINANCIAL YEAR STAFF AND BOARD EVENT

Our Administration Team, Lia Anderson, Vanessa Harries and Marie Bell, with the assistance of Brad Slaughter and Steve Collins from the Community Service Team, led by our Finance Manager Michael Irving, set the Agenda and facilitated this year's Event.

The Team certainly planned and prepared a great day. The event was held at our 16 & 18 Sanctuary Point Road Venues, which adjoins our newly purchased property in Lamer Ave.

The day started at 7am with staff preparing the venue.



Setting up venue for the day

On arrival, staff and Board members were greeted and provided with a "welcome coffee" from Rob's Coffee Van.



Staff enjoying a coffee

While enjoying coffee, everyone gathered around the native garden to enjoy the healing and cleansing properties from the Smoking Ceremony, while acknowledging the rich culture and traditions of the Jervis Bay indigenous people. The Welcome to Country was performed by Uncle Paul McLeod, Aboriginal Elder, member of the Yuin Nation and his Son Joe McLeod.



Smoking Ceremony

After morning tea, a number of workshops were conducted to showcase the following BCCR Projects on the property:

- Chris Kabalik (Radio Volunteer) presented an inspiring introduction on the operations of our Community Radio Station
- Bobby-Jo Tovara (Consumer Choice Facilitator) demonstrated the upgrade of respite Cottage Kitchen
- Rebecca Rudd (BCCR Board Member) presented the Bherwerre wetlands Project. Planned activities involved a section of the Larmer Ave property allowing BCCR access to the walkways to explore and enjoy the beautiful surroundings of the Bay.





Rebecca presenting to Staff



Bobby-Jo presenting the cottage kitchen

Everyone enjoyed lunch prepared by local caterer Teresa's Trattoria from Authentic Italian Cuisine. Some of the food, such as the lovely pumpkin soup, was prepared from produce grown in our own community garden, which is lovingly cared for by our Shed Volunteers and Staff.

Teresa and twenty of our Home Maintenance Program clients received a lovely surprise, when the Team delivered fresh vegies in re-useable wooden boxes made at the Men's Shed from re-cycled material.



BBCR grown fresh produce boxes

" Thank you to everyone involved. "

HUMAN RESOURCES

'When we strive to become better than we are, everything around us becomes better too.'
– Paulo Coelho, *The Alchemist*.

WORKFORCE DEVELOPMENT PLAN

The 2017/2018 Financial Year saw the HR department participate in structured learning to define the scope of work and write the first Workforce Development Plan for BBCR.

After much research, including from current funding bodies, data capturing, analysis and interpretation, the first Plan has been developed. Significant features of the plan, inform the future direction of recruitment, specifically identifying new key roles.

INCREASING OUR WORKFORCE

In line with our Workforce Development Plan, we have begun the establishment of new roles and recruitment for these.

After completing her Social Work degree, Skye Holman, moved across from her role as Children's Educator with the Community Services Team to the Aged Care Team, supporting the Short Term

Restorative Care Program and our Home Care Packages as a Social Worker. Skye's focus is to support individuals with complex biomedical and psychosocial needs, to continue living safely in their own homes within our community.

As a Registered Nurse, Jessica Coleman, also joined the Aged Care Team supporting the Short Term Restorative Care Program and our Home Care Packages. Jessica works as part of a multidisciplinary team, providing clinical guidance, support, service delivery, policy development and implementation, as well as interpreting and providing feedback from our client's perspective.

As the government seeks to redefine the framework around Aged Care, BBCR are embracing workforce innovations traditionally not seen in a community care setting.

THE FUTURE LOOKS BRIGHT

BBCR will continue to create, advertise and recruit into a range of key positions well into the new financial year. With opportunities for different roles and career progression, why not look at BBCR as your next employer?



VALUING OUR STAFF

Our End of Financial Year Event is an opportunity to recognise staff for the contribution they have made.

Tabitha Gallanty, BBCR Organisational Development Manager, presented staff with their years of service certificates and badges for 5, 10 and 15 years.

Congratulations to the following staff:



5 Years of Service:

- Skye Macklin, *OOSH and Social Worker*
 - Gemma Hart, *Community Project Worker*
 - Olivera Avramoska, *Field Staff*
 - Rebecca Benjamin, *OOSH Support Worker*
 - Jennifer Brown, *Field Staff*
 - Jennifer Chillcott, *Field Staff*
 - Peter Hurtak, *Field Staff*
 - Aja Kemp, *OOSH Support Worker*
 - Colleen Murphy, *Field Staff*
 - Ainslee Ockers, *Field Staff*
 - Barbara Walker, *Field Staff*
-



10 Years of Service:

- Jo Burns: *Field Staff*
-



15 Years of Service:

- Vanessa Harries: *Aged Care Administrator*
 - Brad Slaughter: *Community Services Project Officer*
-



20 Years of Service:

- Sue Clifton: *Chief Executive Officer*

Employee of the Year

SKYE HOLMAN
(BBCR Social Worker)



We were thrilled to announce that Skye was chosen as our Employee of the Year. Skye is a true example of how you can be supported by BBCR to further your career and find opportunity within the diverse service areas of BBCR.

Skye began her career over 5 years ago with BBCR, in March 2013, as a casual Children's Services Employee. Both the children and their families quickly grew to love Skye, and in February 2015 Skye accepted a part time contract enabling her to work around her university studies in gaining a Degree in Social Work.

During 2017, Skye undertook her student placement with the Community Services team, working from the Sanctuary Point Youth & Community Centre. Under Karen's direction, Skye grew to understand the many programs and services offered through the Centre, and began to implement her Social Worker knowledge. Through her student placement, Skye was able to put theory into practice with the many community members and program participants who walk through the door at SPYCC.

In late January this year after Skye had completed her degree, she voiced her interest in full-time work as a Social Worker and that she would like to remain with BBCR to offer her new skills.

BBCR required a social worker to support their Home Care Package Program and the new Short Term Restorative Care Program. Skye was the perfect candidate for this position and very quickly became a valuable part of the Aged Care Team, working with our clients and gaining positive outcomes for all.

Syke continues to be supported by BBCR through a mentoring program, which provides her with ongoing support from an experienced local Social Worker who provides monthly training, peer support and professional development.

One of the biggest events for Skye this year was in April when she married her fiancé Scott Holman. We would all like to congratulate Skye on her successful selection and recognition of BBCR Employee of the Year.

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PROJECT MANAGEMENT

'Without a sense of caring, there can be no sense of community.'
– Anthony J. D'Angelo.

Project management is diverse, complex and takes on many responsibilities of infrastructure and service development within BBCR. It is guided by many different factors and changes on a regular basis. In the past year the role has been responsible for:

- Planning current and future projects and infrastructure requiring a project management focus
- Researching new funding and business opportunities
- New programs requiring support, implementation and ongoing service delivery
- Promotion and marketing strategies, required to meet BBCR targets
- WHS management including planning of training needs
- Supervision of the Community Engagement Manager whose primary role is the management of volunteers across all BBCR service areas
- Partnership projects with Shoalhaven City Council including the Bherwerre Wetlands Project
- Other community partnership project requirements needing assistance and support.

There have been five main Infrastructure projects this year:

1. Relocation of aged care staff from the Bomaderry Office to a temporary commercial venue in Nowra.
2. Preparations to gain a DA for community facility office space in Nowra to support our aged care services.
3. Gaining a DA for the development of land adjoining our current properties for a range of new community projects to address community needs in the local area.

4. Successful completed and gaining of Third Party Verification for disability services.
5. Gaining Stronger Communities Funding to assist with the completion of kitchen renovations for the cottage respite venue.

These projects have been identified through BBCR's strategic planning process. A range of smaller capital projects have also been completed, which has enhanced existing projects.



Cottage Kitchen Renovation



Browns Road



Douglas Street Aged Care Office

FUNDING

BBCR continually sources new business through partnerships and various funding opportunities. There has been exciting outcomes over the past year including:

- Stronger Communities Programme (2 Projects)
- Community Resilience Grant
- Over \$23,000 ClubsGRANTS funding for various projects across BBCR
- Youth Opportunities
- Social Cohesion Grant
- Healthy Cities Illawarra
- DET CCCF funding

VOLUNTEERING

BBCR took an innovative direction to support volunteers, creating a new position of Community Engagement Manager (CEM) to coordinate, lead and support the organisations volunteers. This position has been a huge benefit in providing continuous quality improvement processes and practices in the areas of recruitment, orientation, induction, training and development of volunteers. The CEM has increased our volunteer base to 140 volunteers working in various roles across the organisation (this number is increasing weekly). There has been the introduction of new volunteer roles to support areas within BBCR where there has been gaps identified in operational processes, which can be supported by a volunteer role.

The CEM role is also responsible for the day-to-day operations of the Commonwealth Home Support Program (CHSP), Social Support Individual and the Community Visitors Scheme, supporting volunteer visits to individuals on a Home Care Package and providing group activities and individual support for residents living in residential facilities.

Other recognition events included: a seniors week volunteer event, social lunch, a celebration morning tea for an individual who won a International Volunteering Award, and a presentation to the Coastal Waters Garden Group for their donation of fruit trees. These have been planted at our South Coast Community Centre for the enjoyment of our clients and volunteers who nurture and keep our gardens thriving. All the produce grown in the garden is enjoyed by community members attending the centre whilst participating in social and recreational activities.



Seniors Week Volunteer Bowls Day



Congratulations to Kathy on her prestigious International Women's Day Award for her voluntary work



Certificate of Appreciation to the Garden Club for the donation of fruit trees

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PROMOTION AND MARKETING

BBCR is committed to ensuring the wider community is provided with up-to-date information on news, events, services, and community projects. Over the past year this has included a number of promotional strategies such as:

- Ongoing engagement with Webics (local website design company) on a new website design to ensure our website is user friendly, provides current information and is a useful tool to assist individuals
- Ongoing management of BBCR social media with increased followers weekly to the site
- Design and purchase of promotional give aways including: pens, note pads, and canvas bags
- New BBCR promotional signage at our venues
- Local media advertising in the About Magazine, newspapers and promotional fliers
- Engagement with Hootville Communications to work with BBCR to implement the promotion and marketing business plan
- Information via Huskisson Cinema program and commercials, and St Georges Basin Country Club Television screens
- Information distributed throughout the community across the Illawarra and Shoalhaven, through promotional talks, to community and stakeholder groups, service providers, health professionals, doctors surgeries, medical practice clinics, TAFE, hospitals.

Last year we reached around 11,000 people through BBCR promotion and marketing strategies. BBCR's attendance at community events provides an opportunity to talk with individuals regarding all the services, which are offered by the organisation.

These events have included promotional stalls, community group visits and expos.



STAKEHOLDER AND PARTNERSHIP ENGAGEMENT

Networking opportunities greatly benefit BBCR. Regular attendance at stakeholder network meetings, planning workshops and forums has included:

- Shoalhaven Community Aged Care network
- Community Care Collective
- Wellness and Reablement workshops
- Regional Assessment Team meetings
- Dementia Network meetings

Attendance at these meetings assists in maintaining current legislation requirements and any changes in Government reforms. This information is included in monthly reports to the CEO and Board providing the opportunity for ongoing quality management. BBCR has excellent business partnerships across the Illawarra/Shoalhaven with local schools, community groups, businesses, residential facilities and Government bodies.



WORK HEALTH AND SAFETY (WHS) MANAGEMENT SYSTEM

The WHSMS achievements for 2018 include the following:

- WHS training program for all workers
- Ongoing review of safe work method statements (SWMS)
- Continued delivery of the HR SWMS competency training tool
- Risk Management and return to work audit review plan completion and implementation
- Accident/injury/illness reporting
- Hazard reporting
- Events checklist and risk assessment review
- Completion of quarterly and annual venue inspections
- A strong WHS advisory group with consistent health and safety representatives attendance, completion of safety related projects
- Test and tagging at all BPCR facilities

The WHS Management System continues to work effectively and efficiently across all areas of BPCR. The Board receives a comprehensive monthly WHS report, which keeps them up to date in all areas of WHS including any legislative requirements and changes.

*Deborah Butler,
BPCR Project Development Manager*



2018

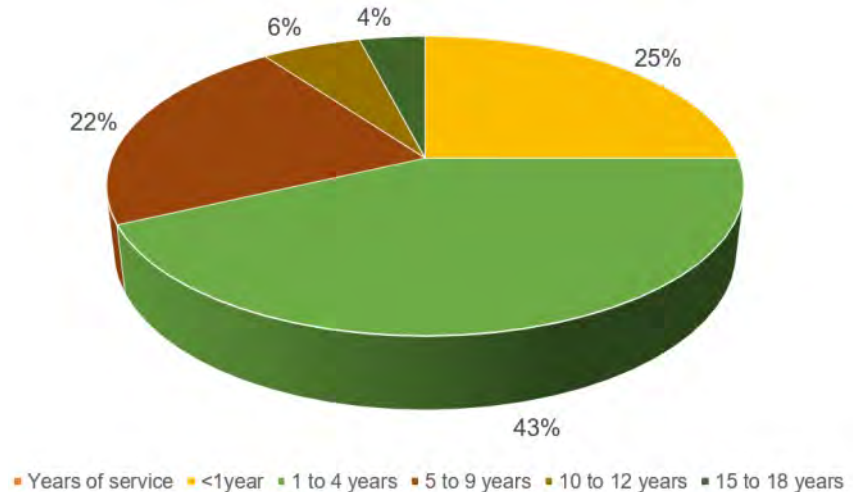
BBCR VOLUNTEER RECOGNITION EVENT 2018

Volunteers make extraordinary contributions to their communities and come from all walks of life: people who work, students, professionals, young people and retirees.

Our volunteers work in various roles across the organisation. These volunteers provide up to 15 hours per

week of service support. This equates to a total of 124,020 hours per year. To highlight how valuable their contribution is to BBCR if we estimate the social capital contribution of our volunteer group the monetary capacity would be estimated at approximately \$5,580,900.

YEARS OF SERVICE



The above graph provides a picture of the commitment of years of service for volunteers over an 18 year period.

Our longest serving volunteer, Lance Daldry supported BBCR for 25 years. Recently, we said an emotional final farewell to Lance after he lost his long battle with his health. He will be remembered with great fondness and appreciation by all of us at BBCR. Although, very unwell, he still continued to arrive each Monday to volunteer after asking his doctor to let him out of hospital as “I just need to get to the Shed and help the guys” – What a “Hero”.



**Lance with a client
– he just made every day
that little bit brighter.....**

BBCR regularly acknowledges the contributions made by volunteers and the positive impact they have on both the organisation and the people they support by recognising their remarkable spirit of giving, sharing and caring for individuals in their local communities. As part of BBCR's volunteer recognition program to celebrate National Volunteer Week, the theme for this year was:

Give a Little; Change a Lot

An evening dinner was held in May at the Jervis Bay Maritime Museum to recognise the valuable work our volunteers perform in their local communities.

There were over 95 volunteers and staff in attendance. The event recognised individuals' achievements as well as years of service. BBCR introduced a perpetual trophy for long serving volunteers who have contributed over 10 and 15 years service with the organisation.

A highlight of the night was a powerpoint presentation prepared and edited by our volunteer, David Wells. The video clearly demonstrates the diversity within BBCR. David spent many hours interviewing both staff and volunteers discussing their

various roles within BBCR. Everyone in attendance enjoyed a wonderful meal and entertainment by BBCR's Pirates Band.

At the end of the night there was a presentation to acknowledge the years of service with certificates and badges presented by CEO and Board members who were also recognised for their years of service in their governance roles at BBCR.



BBCR volunteer years of service perpetual trophy



National Volunteer Week Event

8
1
2

SERVICE REPORTS



AGED CARE TEAM

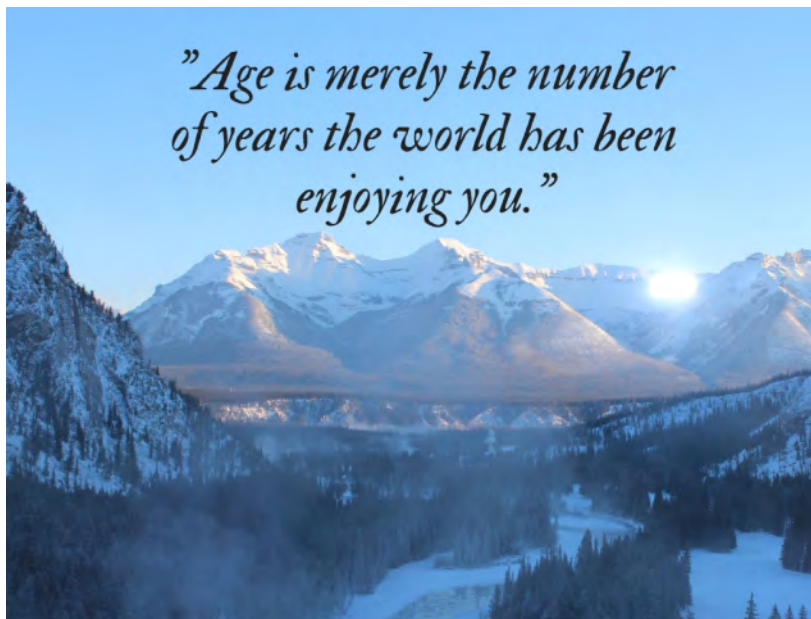
WHAT A YEAR FOR BOTH GROWTH AND OPPORTUNITIES!

A key element in the Commonwealth Home Support Programme (CHSP) is the focus on wellness, re-ablement and restorative care approaches in working with older people and their carers, during assessment, planning and delivery of supports. It means building on older people's strengths, capacity and goals to help them remain independent in their daily living tasks and to live safely at home. It is a transition from a model that may have fostered dependence to one that actively promotes independence.

This is a culture shift from 'doing for' clients to 'doing with'.

For BBCR, this approach promotes fostering independence for participants and their carers at the pace and support level of their choice.

An important focus for BBCR is that a person's age doesn't limit his or her abilities or knowledge and that everyone is an individual.



CHSP is funded through The Australian Department of Health providing low level support through offering a diverse range of service activities and wellness approaches/opportunities for eligible seniors who choose to remain in their own homes and community. All referrals are required to go through the My Aged Care (MAC) gateway.

BBCR receives daily referrals via the MAC portal and we are proud of our reputation for quick and efficient follow ups with new client requests.

Client reviews, and professional service delivery continues to be consolidated and commented on by Aged Care Assessment Teams, regional assessment team members and My Aged Care representatives. This praise has resulted in BBCR being noted as a "Provider of Choice".

In the last financial year, BBCR received 687 CHSP referrals, an increase of 169 from the last financial year. From these referrals, 472 commenced services - again an increase of 122 clients.



48 carers had the opportunity for a short break with the person they support, through our 4 night cottage short stay program. The cottage continues to be a popular choice by carers.

143 participants attended activity groups, some more than once a week.



Pyjama party

OUR COMMONWEALTH HOME SUPPORT PROGRAMS

Each client's individual support plan is written with a strong focus on wellness and re-ablement approaches as outlined above.

This process includes, in consultation with the client/carer, what daily tasks will make a difference in promoting and supporting their independence and working together on strategies that will achieve the outcomes required.

Services include:

Personal Care is the highest demand and sought after service. BBCR encourages clients to be as independent as possible with their self care, while at the same time providing support and building confidence where required.

Domestic Support is another very popular service where basic household tasks are provided with client engaging in the activity where possible.

Respite for Carers is where BBCR staff provide a carer the time to attend another activity away or in the home. Carers don't

always think of themselves as being a carer, especially if they are related to the person they care for. Often a carer is not a family member but may be a neighbour or friend. These opportunities provide time for activities, as simple as having an uninterrupted sleep or attending a movie with friends.



High tea

There are a number of ways Respite Care is offered:

- **Community Access** is where the person being cared for is taken out to an activity of their or their Carer's choice. Some activities have included golf, sitting down by the water having a coffee, going for a walk or a drive, doing gardening together or going shopping.

- **In Home Respite**, while similar to Community Access, in many ways is undertaken in the client's home and not away from home.



Staff assists a client to make his pizza

- **Short Stay Cottage Occasions** are very popular and our clients become guests at Paradise Cottage from Friday morning until Tuesday afternoon. This allows carers to have a short break knowing the person they care for is being engaged in activities in a safe and supportive environment.



Very proud pizza maker

Group activities provide opportunities for clients with or without carers to access varied types of activities in a group setting. The scope includes card/games group, social, walking, Men's Shed activities such as art or woodwork and dementia specific groups. One of our very popular activities is a monthly group where outings last year went to places such as Canberra's War Memorial, Southern Highlands Pie Trail and Christmas Shopping trips to Campbelltown.



A day out together

Home Maintenance Program (HMP)

The program was again very well received this year with an excess of 70 clients accessing. Social inclusion and independence is encouraged by clients participating with

our team as much as they are able, even if it involves getting a chair and sitting with the team to advise and plan their garden's needs and wants. A cuppa and cake is often offered and enjoyed by all.

BUT WAIT! There is more:

During the last year, the HMP Team (Steve and his valuable volunteers) has also revamped a rear deck with new railings, and repaired flooring to enable a client to safely navigate and use this deck again. A small handrail was also added to the front steps of another client, to aid with her safe access.

Weeding and mulching enhances and provides low maintenance gardens, which support clients to enjoy their gardens.

The HMP team involves not only the clients but also the hardworking volunteers and staff.



A handrail was built by the Home Garden Team to assist with access for our client to enjoy her garden



The delivery of our specially made produce boxes, pack full of fresh nutritional food from our garden puts smiles on our clients faces

SPECIAL EVENTS

On the 26th October, BBCR held their annual Carers event at Sanctuary Point Community Care Centre. Morning tea and a BBQ lunch were provided along with opportunities for one on one chats with staff and other carers. Our signature ice cream cones with toppings for desert remained a winner. This event provides carers the choice of attending by themselves or bringing the person they care for with them as well as other family members.

This day would not be possible without the invaluable help of volunteers - cooking, assisting in preparation and participating in general conversations.

BBCR is also very proud of its ongoing feedback from clients, family members and other stakeholders. This feedback forms part of our quality assurance and confirms the high quality service that BBCR delivers across the Illawarra.

The most common feedback is how wonderful our staff are and what a difference they make to so many people's lives, such as:

▪ *“ My wife always has a smile after your staff have been with her.”*

▪ *“ My wife interacted with the best ever worker today, smiled and even spoke a few words.”*

▪ *“ The girl you sent today was the best I've ever had... she was nice and kind, you can send her back any time.”*

▪ *“ BBCR staff 'made everything easier' and were caring. We are very happy with the service.”*

▪ *“ Your staff that came today was a nice young man and we are happy for him to return.”*

▪ *“ BBCR Case Manager was lovely to talk with, she explained what was happening very well.”*

▪ *“ BBCR is definitely a Provider of Choice for flexibility and implementation to support clients.” Thank you!!*

The feedback we received also demonstrates the importance of how our staff's friendly happy smiles are a valuable communication tool for all stakeholders.

Michelle Gregory

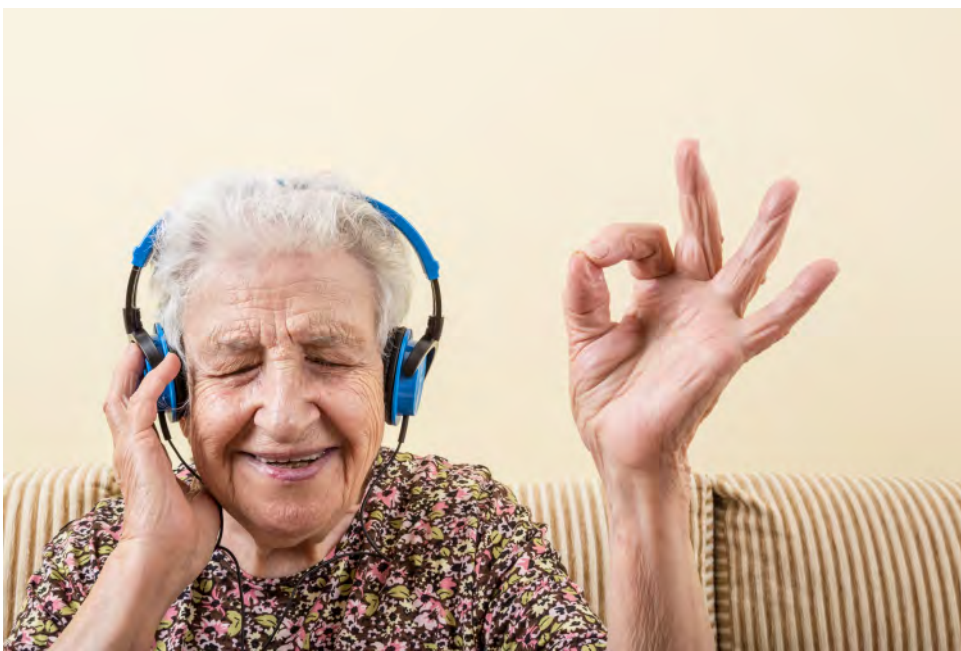
Aged Care Operations Manager on behalf of the Aged Care Team



Great company

2018/19 MOVING AHEAD WITH TECHNOLOGY

BBCR is partnering with Tecuris and Partners IT to support people to stay connected and enjoy every opportunity through BBCR's Wellness Connect Program.



2018

HOME CARE PACKAGE & SHORT TERM RESTORATIVE CARE PROGRAMME

What a wonderful year it has been for the Home Care Package (HCP) and Short Term Restorative Care (STRC) Team. Both Programmes are funded by the Australian Government.

HCP provides a higher level of care than the Commonwealth Home Support Programme (CHSP).

Assessments are carried out by the Aged Care Assessment Team who determines if a client is eligible for a level 1,2,3 or 4 package. Once approved the client needs to wait for the allocation of their package. If the assessment is determined as a level 4, this could take over one year, therefore they may be offered a lower level package or can remain on CHSP. It is the client's choice, but it can result in confusion when there is too much choice. BBCR spends many hours assisting clients and their family with information on services so that they can make an informed choice.

BBCR delivers all levels of Packaged Care and CHSP services. The introduction of the STRC Programme has added a valuable 8 week intense restorative and wellness program to our existing suite of services.

The Team has thoroughly enjoyed getting to know their clients and working collaboratively together to achieve all goals set out for the year. With lots of laughs, fun and problem solving, we have achieved great outcomes for our clients and the organisation with the development of new processes and changes to our team. We farewelled Cath and Mishele, our previous Case Managers as they embark on new adventures and welcomed two new staff

Skye (Social Worker) and Jessica (Registered Nurse).

One of the biggest changes in our department this year was providing more consumer choice for our existing and potential HCP clients in relation to the 'Daily Care Fee'. Clients are now able to choose if they would like to contribute money towards their home care package, giving clients a sense of control, independence and an understanding on how their home care package works.

During this year we have witnessed an expansion in our Northern rostering area. There was an increase in both our HCP and STRC client numbers.

STRC has introduced clients from as far as Austinmer/Thirroul and down to Sussex Inlet. We have also expanded our networks with Allied Health Professionals and contractors providing education on this program. All of these interactions have promoted BBCR and highlighted the diversity of services that we offer.

Many clients have continued service with BBCR through alternative programs and groups such as CHSP, HCP, social groups and our carers group.

This year has also seen BBCR introduce a new type of assistive technology called Tecuris. This program was firstly introduced to encourage clients to use devices to communicate with their support networks. Tecuris was further expanded into a health component to support clients with various health conditions. The aim is to continue to offer this technology to our HCP clients to increase social and emotional wellbeing

and to decrease barriers in communication and health monitoring.

Moving forward, our HCP/ STRC has set great goals for the coming year. We look to continue to offer education around our programs by offering presentations to BBCR field staff and ACAT teams. We also aim to build our STRC networks with local Allied Health Professionals and therefore expanding our referral base and maintaining a steady number of STRC clients. BBCR HCP clients will also have the opportunity to take part in a Research project conducted by a Social Worker from the University of Wollongong completing her PhD. She will be interviewing clients and carers about the Aged Care system.

- Creating strong networks with professionals in our community
- Welcoming new clients to the BBCR family
- Two new staff members
- Tecuris



*Skye Macklin and Jessica Coleman
Social Worker and Registered Nurse*

We look forward to the year to come and are excited to continue working with our clients.

Highlights:

- 10 STRC clients at one time - full capacity
- Building a new innovative team
- Continuing to build trusting relationships with existing clients

Short Term Restorative Care June 2017 - May 2018



2018

Smiling

Smiling is infectious
You catch it like the flu

When someone smiled at me today
I started smiling too

I walked around the corner
And someone saw me grin

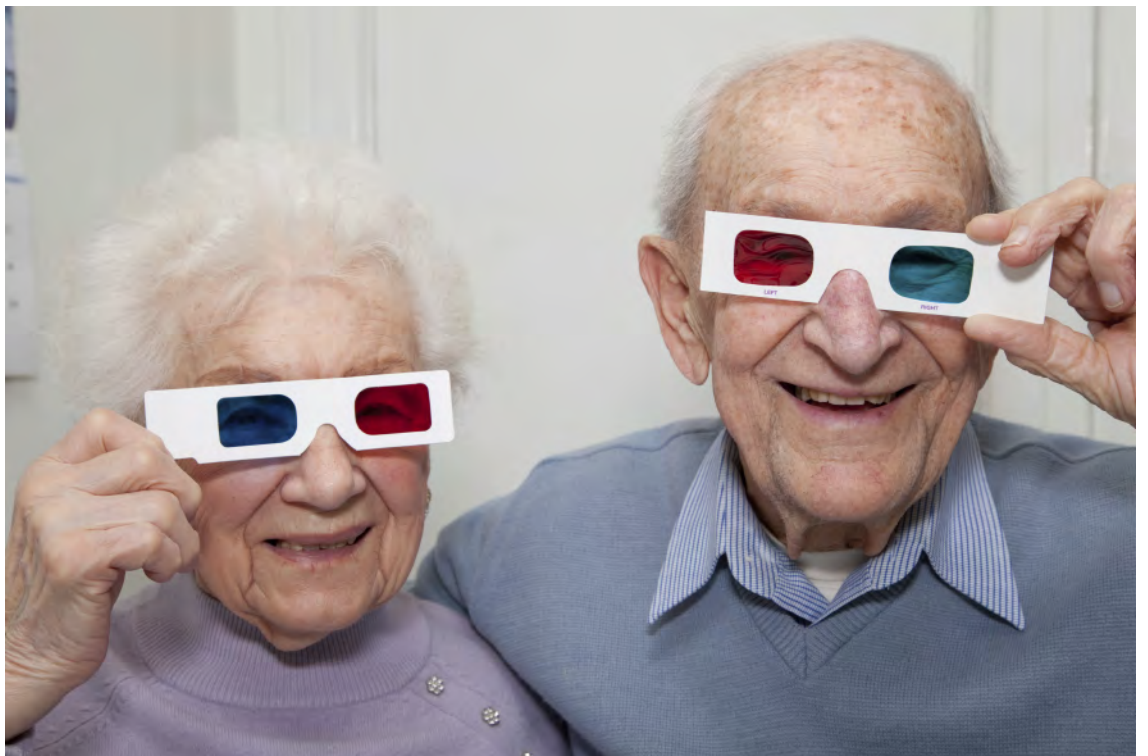
When he smiled I realised
I had passed it on to him

I thought about the smile
And then realised its worth

A single smile like mine
Could travel around the earth

So if you feel a smile begin
Don't leave it undetected

Start an epidemic
And get the world infected.



BAY & BASIN COMMUNITY RADIO

92.7FM

Bay & Basin Community Radio 92.7FM broadcasts a range of different programs to the local Bay & Basin region, including outlying villages such as Sussex Inlet, Wandandian, Jervis Bay and Wreck Bay. As a permanent licensed (ACMA) community broadcaster, our volunteers are the lifeblood of our station and assist in many different capacities from production and editing, interviews, podcasting, web streaming, IT & technical, promotion/ marketing and outside broadcasting, in addition to developing and presenting live radio shows for broadcast on air. It is a great way to get in touch with your local area and the community as a whole.

Public School students in stage 3 (year 6) who have developed and presented their very own school radio program called "Forever Forward". This covers a range of information from school newsletters, interviews with students and community members, teacher talk segment and new release music. They have also been involved in many outside broadcasts throughout the year at the school and within the Bay & Basin community, which is another exciting element of a vibrant radio station. We have also enjoyed delivering workshops to other schools such as Tomerong and St Georges Basin Public schools.

We have many annual key dates on our outside broadcast calendar, such as the Spring Into Sanctuary Point Expo, SGBPS Spring Fair, SPPS Twilight Fair, Jervis Bay Lions Club Easter festival and the Vincentia marketplace, to name a few. Outside broadcasts are another way to showcase what we do as a community station and give our volunteers another option to doing a show in the comfort of the radio studio. Being offsite and live-to-air poses some technical expertise and thanks to our wonderful IT/ Tech volunteer Blake we have refined our outside broadcast setup and operations and we are now sounding better than ever at these events.



Outside broadcast

COMMUNITY FOCUS

92.7FM is one of the most exciting programs offered by BBCR and we have a dedicated team of over 45 volunteers, including a strong Youth radio contingency. We have always prided ourselves on offering this unique opportunity to local young people as a way of getting hands on experience with the day to day operations of a living and breathing radio station. For over 10 years we have maintained a strong partnership with Vincentia High School via our "Friday Fusion" and "Well Wicked Hour" radio programs, as well as Sanctuary Point



Youth radio



As detailed in the 2017 Community Radio National Listener Survey, Community broadcasting is Australia's largest independent media sector, a key pillar in the Australian media landscape and recognised internationally as one of the most successful examples of grassroots media. Over 5 million people tune into 450+ not-for-profit, community-owned and operated radio services operating across the country each week. These stations provide programming that caters to the needs and interest groups of their communities and contribute to and reflect an Australia that is an open society, a strong democracy and a vibrant culture. Stations play an important role in providing a voice for communities that aren't adequately serviced by other broadcasting sectors.

The Community Radio National Listener Survey is a survey of the community radio listening habits of Australians. It is a hybrid telephone and online survey of a representative sample of 10,000 Australians over the age of 15, across all Australian states and territories and is conducted on behalf of the CBAA by McNair Ingenuity Research, an accredited Australian market and social research organisation with a long history of media research dating back to the first radio audience surveys held in the 1930s.

ACHIEVEMENTS

We were given the opportunity to host an Ubuntu Africa mentor visiting Australia on tour with the Ubuntu choir from Kenya in May 2018. Marveline, who has completed her degree in media/broadcasting, did a job shadowing role at Bay & Basin FM and assisted with some day to day operational duties such as developing, recording and editing promotional items for airplay. She also sat in as a co-host on the BBCR "Shed Happens" program, which was a real treat. Marveline continued with the Ubuntu tour until July 2018, before returning to Kenya to pursue her passion for broadcasting. We are hopeful that

BBCR may have the opportunity to have Marveline return to Australia to join us on a 3 month working scholarship in the near future.



Ubuntu student

A special mention to our very own Roy the Boy who not only celebrated his 90th birthday in October 2017, but also completed 16 years of broadcasting with the station this year. Roy is enjoying a well deserved break but has left his "Strolling Down Memory Lane" program in the more than capable hands of long time co-hosts Martin and Renate who continue to provide listeners with an exceptional show. Congratulations to Roy on this extraordinary achievement. He presented the show each week in the same timeframe for the duration of his involvement.

John Summers from "Yesterdays Heroes" will also reach his 16 year milestone with the station in October 2018. Well done John and thanks for your dedication to 92.7FM.

A special mention to John Manners & Jennie Armstrong from 'Mixed Bag', Margo O'Regan from 'Saturday Mornings', Ray Leitch from "Turn Up Your Radio" and Dave Hockey from "Thursday Arvo Blues" & "Cruisin Country" who celebrated 11 years at 92.7FM over the reporting per

GRANTS AND FUNDING

A sincere thanks to: the Jervis Bay Lions Club who kindly donated \$1000 to 92.7FM this year to assist with TX site capital equipment; the management and



John



Strolling down memory lane

staff at The Country Club St Georges Basin for their generous contribution via the Clubs NSW clubgrant scheme to enable the purchase of a new FM amplifier for our TX site; and the Community Broadcasting Foundation for their financial contribution to assist with the cost of our annual TX site rental fees, transmission equipment and installation costs.

businesses that have supported the station as our valuable sponsors over the last 12 months:

- The Country Club St Georges Basin/ Vincentia
- Nowra Carpet Court
- Vincentia Laundrette
- Hunt Removals and Storage
- Vincentia Bay Medical
- Your Mouth Matters
- Jamaica Blue Fine Coffees
- Sanctuary Point/ Districts Community
- Bank Club Husky
- DAM Electrical
- Nowra Tilt Tray
- Hancock Denture Clinic
- Jervis Bay & Basin Locksmiths
- Ison and Co Home Hardware Sanctuary Point
- Club Jervis Bay
- Shoalhaven Entertainment Centre
- Huskisson Vincentia Football Club
- Simply Pharmacy Sanctuary Point
- Nowra Toyota
- Vincentia Marketplace



TX amp unit

RADIO SPONSORS

On behalf of Bay & Basin Community Radio 92.7FM, I would like to acknowledge the following local

Sponsorships and donations provide the backbone of community radio and without this support it would not be possible to provide this valuable resource to our local community. If you would like to support 92.7FM please phone the office on 44437 681, email brad@bbcricom.au or get in contact via our website www.bbcricom.au.



VOLUNTEER TESTIMONIAL

As a Paramedic for over 30 years, I retired and joined the station a little over 6 months ago.

I had previously co-hosted a radio show with my brother-in-law, but had never hosted a show on my own.

Shortly after joining the station and learning the ropes in the production room, I helped out Chris and John with programming the overnight automated log, editing, categorising and adding new material to the system and researching music. I then decided to look at a show with John called "Connections". We hosted the show together for a time before I hosted it by myself more recently, a task I relished and enjoyed immensely.

Due to a change in circumstances I will be soon making the move North and hope to continue with another community station once settled into the area.

Bay & Basin radio was a great experience and it gave me a way to enjoy my passion for music whilst sharing it afield with the listeners of 92.7FM.

Thanks to Chris and the team of wonderful volunteers and staff who made it a joy and pleasure to come in each week. It was a lot of fun and I look forward to staying in touch!

- Alex Timpano



Production Room team

A huge thanks to our listening audience and the community for playing an active role in what we do throughout the year and the BCCR Board, management and staff who play a vital part in ensuring the ongoing success of the station.

Thanks to each and every one of our wonderful team of radio volunteers. They do exceptional work and are the voice of 92.7FM.

Brad Slaughter
BBCR Community Project Officer



MEN'S SHED

“Mateship” is the theme used by the Australian Men’s Shed Association to highlight and celebrate the work conducted by Men’s Sheds nationally each year as part of Men’s Shed Week across Australia. The BBCR shed is quite unique in its operation and style with a strong focus on encouraging community members from all walks of life to join in and participate in a range of activities conducted in a dedicated, welcoming shared place where everyone can come together, regardless of their background or ability to share their knowledge, learn new skills, share common interests and have a bit of fun.

Men’s Sheds: create stronger local communities; foster community spirit; cultivate social connectedness and contribute to building a more inclusive Australia. Worthwhile community endeavours, deliver great benefits for the wider community through: major projects, donating arts and crafts, participating in community events, and actively promoting men’s health and wellbeing.

The BBCR Shed operates 4 days a week from the Bay & Basin Men’s Shed site, located in Sanctuary Point, and is supported by financial assistance provided by the Australian Government Department of Social Services “Strengthening Communities Programme”.

The organisation encourages community participation from a variety of organisations, local primary schools and high schools. User groups access the activity to undertake a variety of projects or assist with making a community project.

Students are accompanied onsite by school staff and supervised and supported by BBCR staff and shed volunteers whilst undertaking workshops.

The Shed has been approved to deliver respite activities for the benefit of clients attending our short stay cottage next door. The main activities include an art group, the pirates music band, carpentry skills workshops (local schools), repair shop, sustainable gardening, aged care male respite groups, disability support groups, individual support (NDIS), home/ garden maintenance service, mutual obligation activities and a range of other community based projects and attendance at community events.

The past 12 months (1st July 2017 – 31st March 2018), has proven to be extremely busy with many exciting initiatives and projects underway. Over the reporting period 392 individuals accessed the service and participated in the many activities that the shed has on offer. As DSS funding for this activity ceased when the project was officially completed on the 31st March 2018.

Community Capacity Building (CCB)	TOTAL	
1. Total number of individuals assisted through CCB activities	392	
2. Total number of organisations assisted through CCB activities	30	
3. Percentage and number of individuals assisted from Indigenous and culturally and linguistically diverse backgrounds through CCB activities	Number of CALD:	9
	Number of Indigenous:	16
	Percentage of CALD:	1.5%
	Percentage of Indigenous:	3%





Group shot



Art group

THE PIRATES BAND

The BCR Shed "house band" **The Pirates** continue to meet on site each week to rehearse and practise in preparation for their monthly community performances as part of the Community Visitors Service (CVS). These performances feature the band providing live music and entertainment for approx 1.5hrs at a local aged care facility in the Shoalhaven region. The Pirates continued to have a busy year with their monthly commitments and other community events keeping them on their toes from Berry to Milton and all areas in between.

The band has been a real success story for the BCR shed and continues to flourish. The group welcomes new members with open arms and provides support and mentoring and the opportunity to get involved at whatever level you choose.

The Pirates are sounding better than ever these days and continue to improve and expand their musical repertoire constantly, their community performances are always welcomed and it is an absolute pleasure to work with the group out in the community.



Pirates CVS

WORK FOR THE DOLE ACTIVITY

BBCR developed and conducted 2 successful WFD projects over the reporting period in partnership with jobactive lead provider Campbell Page. The activity involved up to 28 participants over a 48 week period and the groups were supervised and supported by BBCR staff and volunteers both onsite at the Men's Shed and offsite at various BBCR community venues.

Phase 1 of the project involved the ongoing development of a sustainable gardening project on site at the BBCR community venue in Sanctuary Point. Participants were involved in all aspects of the project from the design, layout and concept of the area with the opportunity to develop hands on skills over the course of activity.

Seasonal crops were planted and over the duration of the project, as produce was harvested, participants were given fresh produce boxes to take home and utilise for home cooking. Surplus vegetables were packaged up in recycled timber paling boxes, made by participants and volunteers at the shed, and used as a gift to many of the BBCR home maintenance services to share the harvest further afield in the community.



WFD group

BBCR MENS SHED RADIO SHOW "SHED HAPPENS"

The BBCR shed radio show, "Shed Happens", presented by BBCR staff and Men's Shed volunteers continues to be broadcasted each week on Community radio 92.7FM each Thursday from 1.30pm – 3pm.

Staff and volunteers present a range of topical information, handy hints, tips on projects, product reviews, volunteer profile segment and regular interviews with men's sheds that are registered with the Australian Men's Shed Association (AMSA). The show also focuses on promoting the activities of the Great Mates shed project to the wider community and the show is sponsored by our local Home Timber & Hardware store "Ison & Co" Sanctuary Point.

THE BOWER REPAIR CAFÉ

I recently had the good fortune of visiting the Marrickville Men's Shed in Sydney. This inspiring group of men operate a Men's Shed project a little to the left of a traditional Men's Shed model by providing a repair café called "The Bower" in partnership with a community venue during the week. Community members are able to drop off an item for repair and either watch how the men repair the item to learn the steps behind the process or simply make a donation towards the group to cover the costs of materials for the item. The Bower was featured in a recent episode of the ABC's War on Waste series and is a great example of repurposing, recycling and repairing items to be re-utilised rather

than thrown away whilst including the social benefits, mateship and support of their fellow shedders. It was a great experience to visit the Bower and I look forward to catching up with the group again in the near future.

On behalf of staff and volunteers at the BBCR Shed, I would like to acknowledge the various funding bodies, schools, partnership organisations and community groups for their continued support to enable the range of activities, projects and events that we are able to conduct for the local community throughout the year.



Great mates group

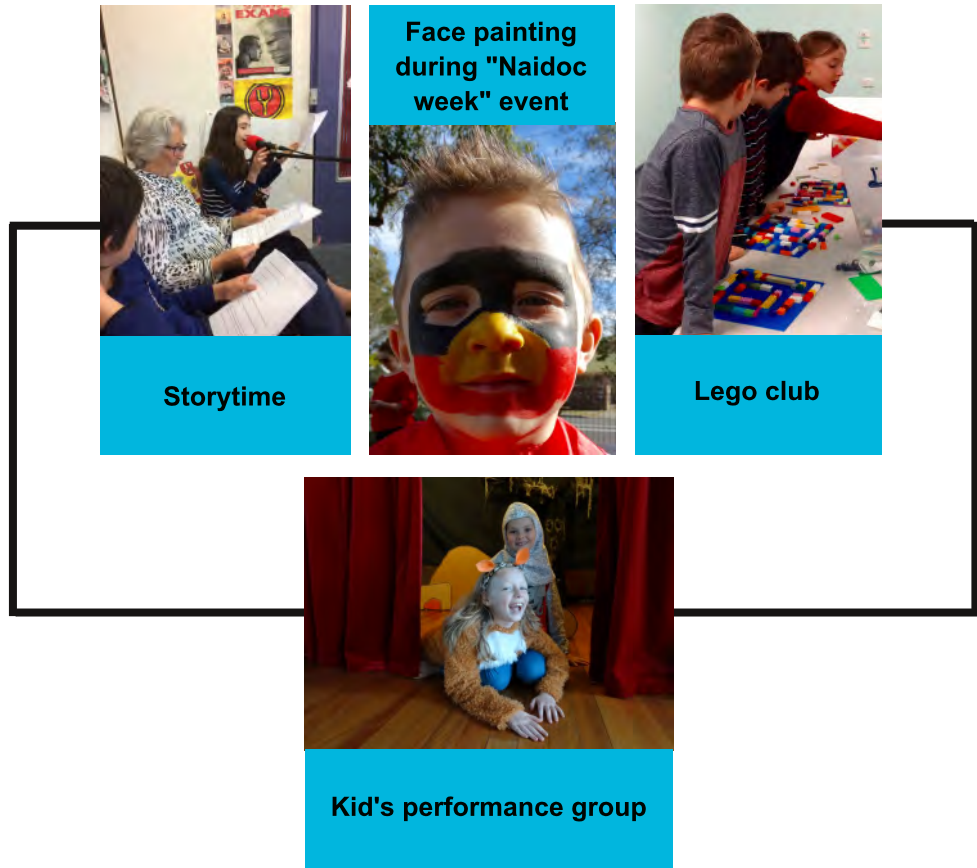
In closing, I'd like to give a special mention to our dear friend and loyal BBCR volunteer of over 25 years Mr Lance Daldry, who sadly left us earlier in the year. Lance was the epitome of a "Great Mate" to all at the BBCR Shed and to many others throughout the entire organisation. He was also one of the very first volunteers to register with BBCR. Lance always made time to help others and was a great support and inspiration to those he worked with, creating a fun and happy environment on every occasion.

***Brad Slaughter**
Community Services Project Officer*



COMMUNITY SERVICES

BBCR Community Services aims to develop and promote the Sanctuary Point Youth and Community Centre as a locally based, single point of access to information, resources and services that are accessible to all members of the community. We connect individuals to information and services, to promote community capacity and increase resilience.



OUR SERVICES

The last 12 months have seen the Community Services Team connecting Sanctuary Point locals and services together through an array of partnerships that we have steadily built over the last couple of years. These partnerships have allowed us to create a host of education and training programs and turn the community centre into a well-recognised hub of activity. Our partners over the year have included Sanctuary Point Connect, Illawarra Shoalhaven Local Health District, Local Schools, Shoalhaven Youth and Family Services, Crossroads Youth Health, Shoalhaven Red, Black and Yellow, Local Homeschooling Groups, Shoalhaven City Council, Jervis

Bay Lions Club and Sanctuary Point Community Pride.

Some of our programs have included:

- Early literacy and parenting education.
- Healthy eating and cooking programs
- Children's performing arts workshops to develop confidence and social skills.
- Free and accessible women's health clinics.
- Aboriginal specific workshops and playgroup addressing nutrition, parenting and child development.
- Intergenerational storytelling programs.
- Emergency Preparedness workshops.
- Youth and children's radio programs.

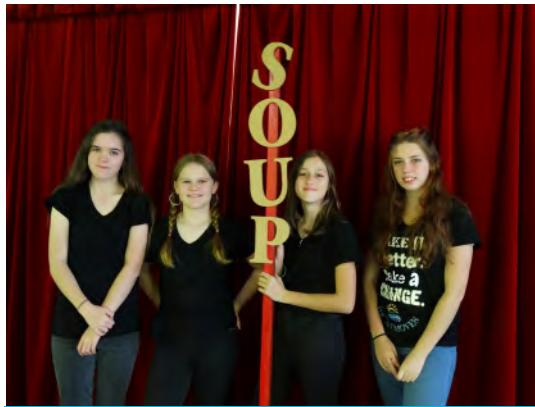
These partnerships and programs have also strengthened our support and

referral pathways for those in need. Especially those in the community who are experiencing family violence, homelessness or financial distress.

YOUTH SERVICES

The Community Services Team applied for a Youth Opportunities grant made available by the NSW State Government. BBCR was successful in this grant, enabling a fresh new program of community events to be rolled out during the 2018/2019 financial year. The program teaches young people skills in events management, and for the last 6 months, a group of young people have successfully developed and run two community events in the local area. The first of these was an outdoor film night for families, which was attended by approximately 130 people. The second event was the Sanctuary Point 'SOUP' night. A fundraising event that aims to raise funds for projects that community members would like to see happen in their local area.

The next event the young people are focused on is a collaboration with 'Spring into Sanctuary Point', where the young people will host craft and activity stalls for children, do roving entertainment for the festival, and host a performance for children at the community centre. This program has given the young people a great deal of confidence in their abilities, a sense of connectedness within their community, and a host of skills that will help them in future employment and education prospects.



Young people running the SOUP event



Film night advertising



Some of the Youthmoves team with Shoalhaven Sunset Cinema



Patrons enjoying the YouthMoves outdoor film night



OUTSIDE SCHOOL HOURS CARE

AFTER SCHOOL CARE

We have been very busy at After School Care this year, and there have been some staffing changes. Skye took up a new position with BBCR and we welcomed Jamie to the OOSH team. Our numbers have increased and we have over 20 children each afternoon! We've had lots of lovely kindergarten children join us this year who have had no trouble settling in. We started a worm farm, which has helped us reduce our food waste. It's pretty yucky though!

Once again we'd like to give a shout out to the St Georges Basin County Club for providing us with much needed Clubs Grant funding!!!! Thanks to their contribution, we were able to purchase new awnings for our building, a worm farm and lots of craft and toys for the service. We had Karen from BBCR's Community Services Team run a pilot Lego building workshop with us for a term. We focused on building group skills, while creating Lego masterpieces.

At the end of 2017, we had lots of fun taking Christmas photos for the children to give to their parents. Some of the children enjoyed it so much we couldn't get them to stop!

We've had lots of fun outside this year! We've spent lots of hours in the sandpit, playing handball, on the basketball court, playing tips, and kicking the soccer ball.



Jonah, Finn, Rafferty, Noah, Ruby & Carys in the sandpit

We had some great fun with our giant Wubble ball!



Brianna & Hadli playing Wubble ball



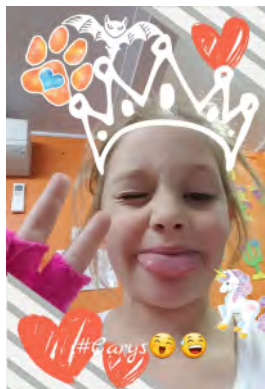
Ruby, Levi & Aswan created this double horned unicorn

The children have been enjoying playing in the newly cleared area behind our building. It's been a great space for creating Jurassic Park dinosaur enclosures!



One of Joel, Archie, Alex & Ben's dinosaur enclosures

We got a HP Sprocket instant printer which can connect to our phone and iPad. The kids have been having so much fun taking pictures and editing them! They can then print them instantly and hang them up in our hallway. The pictures can also be used as stickers if they'd like.



Carys



King Zac



Mackay and Joel

VACATION CARE

This year we have visited the Bay & Basin Men's Shed and the BBCR Community Radio. We made napkin holders, recorded some voice tracks for the radio and ate sausage sandwiches. A big thanks to Brad, Steve and the Men's Shed volunteers to always making OOSH feel welcome!!



Cadell painting his napkin holder

We got very messy creating our own tie dyed shirts during January Vacation Care.



Alex and Ben show off their new t-shirt

2018

The very talented Kel from Kelmc Artworks Face and Body Art visited us again this year. It's always mesmerizing to watch her work! We had lots of pretty unicorns and scary zombies that day.



Ruby as a beautiful unicorn

We got artistic making chalk drawings on the basketball court. We created angels, ladybirds, and a hot air balloon.



Noreia as an angel

We had Zoe from the Shoalhaven Zoo bring some exciting animals out to us. We got to meet a rock wallaby joey, some snakes (big and small), a baby crocodile and a very cute wombat!



Noreia and Mackay holding a python

We've just transitioned to a new cloud based software system called KidsXap which has been going great. We'll be sure to tell you all about it in the next Annual Report.

We look forward to the coming year and all the new children we'll get to meet and the exciting things we'll get to do.

*Rochelle Fowler
OSHC Project Officer*

TESTIMONIALS

"Volunteering gives me purpose and a sense of achievement. I really enjoy the work roles I am involved in and giving back to the community. Putting smiles on peoples faces is the best feeling."

– *Anonymous*

"Keep going! It is such a valuable learning experience. It is offering meaningful ways for children to be a valuable part of their community. It fosters positive self-esteem and a sense of place and connection to their local community. It has been wonderful, my daughter has gotten so much out of it."

– *Parent of participant*

"I have been out of work for 10 years. I have been really nervous and worried what happens now my youngest is in school. With this training I feel I have something to offer. I'm already doing placement and the school has told me when I'm finished they would like to offer me a position. It's really exciting – who would have thought!!"

– *Adult Student*

"Congratulations on the success of the BBCR Soup Night on Saturday night. I also wanted to acknowledge what an excellent job you and the students did in making this event a health promoting event; including the health quizzes, the delicious healthy catering and the health theme of the community projects. The wonderful projects all deserved support and would all contribute to the health and wellbeing of the community."

– *Kim Thompson, Illawarra Shoalhaven Health District, Health Promotion Officer*

"I have been a volunteer at the BBCR Great Mates shed for approx 6 years. I enjoy coming down to the shed each week and working with the various regular group participants that attend the activities, whether it's the different school kids, disability groups or aged care groups I enjoy it all."

– *Wayne Grumley,*

If you would like to become a volunteer, wish to donate or are keen to participate in any of our programs or projects, please contact us on the details provided on the back cover of this annual report.





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