

MAGICAL DAY TOURS

It's time to get out of the house and join us for an exciting, adventurous social activity! **Bookings are essential** as numbers may be limited – please book at least one week prior to the date of the tour. Cost will be shown with each outing. Pick-up location in the Bridge Road Carpark in Nowra. **Please note: fees are inclusive of all costs to BCR, and prices may be subject to change.**



Wednesday, 2 September

Pick-up 9am (\$22.10 + \$12 ticket + meals)

Art, Nature and Inspiration at Bundanon

Enjoy a day of art and beautiful scenery at Bundanon Art Museum. Explore *Man on Fire: Visions of Nebuchadnezzar*, bringing together Arthur Boyd's iconic works with new art by contemporary artist Shaun Gladwell. You'll also have time to explore the gallery and enjoy Bundanon's striking architecture and stunning natural surrounds. We'll start with morning tea at The Deli on Kinghorne, followed by lunch at Postman's Tavern, Nowra.



Wednesday, 9 September

Pick-up – 9.30am (\$33.10 + meals)

Tulips & Springtime in Bowral

Spring is in the air! We're heading to the Southern Highlands to see Bowral bursting into colour for tulip season. Wander among beautiful spring displays, admire thousands of colourful blooms and enjoy some time exploring Bowral at one of the prettiest times of the year. We'll start our day with morning tea at The Hampton Deli in Kangaroo Valley and enjoy lunch together at Bowral RSL after our tulip tour.

First Time with BCR Social Connect?

If this is your first time joining an activity, please let the BCR team know when you RSVP. One of our friendly Lifestyle Activities Coordinators will give you a call beforehand to chat through the details, make sure the activity is right for you, and discuss how we can best support you.



Wednesday, 16 September

Pick-up – 9am (\$22.10 + \$68 ticket + morning tea)

Shoalhaven River Fish & Chips Cruise

Fish, chips and river views – what more could you want? Come aboard for a relaxing cruise along the beautiful Shoalhaven River, with a tasty fish and chips lunch and unlimited tea and coffee to enjoy as the scenery floats by. Before we set sail, we'll stop for morning tea at a surprise location – you'll have to wait and see where we take you!



Wednesday, 16 September

Pick-up – 9.30am (\$22.10 + \$40 lunch + m' tea)

Delicious Destinys Three Course Lunch

Treat yourself to a delicious day out with a visit to Destiny's Training Restaurant at Nowra College, where the next generation of hospitality professionals will put their skills into action. Sit back and enjoy a three-course alternate drop menu, complete with a house beverage, while supporting students as they gain valuable real-world experience. Morning tea will be at Again & Again Café in Bomaderry before we head to the restaurant for our special lunch.



Wednesday, 23 September

Pick-up – 8.30am (\$44.10 + meals)

Day Out to the new Sydney Fish Market

Seafood lovers, this one's for you! We're spending the day exploring the spectacular new Sydney Fish Market, with plenty of time to wander, browse the fresh seafood and specialty food stalls, and soak up the atmosphere of this iconic Sydney destination. There are lots of great places for lunch at the market – we will choose on the day!



Wednesday, 30 September

Pick-up – 9am (\$22.10 + \$12.50 ticket + meals)

Maritime Stories & History in Huskisson

Step into Jervis Bay's fascinating maritime past with a visit to the Jervis Bay Maritime Museum. Explore the historic Lady Denman ferry, discover stories of local shipwrecks, seafaring and life on the water, and wander through exhibitions showcasing the rich history and culture of the Jervis Bay region. We'll start the day with morning tea at The Lane Café in Nowra before heading to the museum, followed by lunch at The Local in Vincentia.



Wednesday 7 October

Pick-up – 9.30am (\$22.10 + \$6 experience + meals)

Gin, Whiskey and Seafood by the Sea

Something a little different for this day out! We are visiting Tara Distillery for a guided tasting experience, sampling their locally crafted gin and whiskey and discovering a little about how their small-batch spirits are made. We'll start with morning tea at Ernest & Arthur in Nowra before heading to Greenwell Point for a delicious seafood lunch by the water.



Wednesday, 21 October

Pick-up – 9.00am (\$22.10 + \$40 ticket + meals)

Highland Cows & Country Charm

Get ready to meet some of the Southern Highlands' cutest locals! We're heading to Redleaf Farm at Fitzroy Falls for a special encounter with their gorgeous Highland cows – those shaggy coats and friendly faces are guaranteed to be a highlight. We'll start with morning tea and spectacular views at The Lookout Cambewarra Mountain, and finish with lunch at Maddison's in the Valley.



Wednesday 28 October

Pick-up – 9.30am (\$22.10 + meals)

Cambewarra Views & Berry Delights

Take in some of the Shoalhaven's most spectacular scenery with a visit to Cambewarra Lookout. Perched high above the coast, it's the perfect spot to take in sweeping views across the countryside and out towards the ocean. From there, we'll make our way to beautiful Berry, with time to enjoy the surrounds before settling in for a relaxed lunch at Berry Bowling Club.

WELLNESS CLASS

Physio Pal Exercise Classes

North Nowra Community Centre

Thursday 10.00am – 11.00am

For more information or to book a class please call Physio Pal on 42023874.

Please Note: prices listed for all social activities are for clients with the Commonwealth Home Support Program (CHSP). Clients with a Home Care Package will need to speak to their Care Manager about the cost of activities.

Cancellations: if you need to cancel an activity, we need the cancellation to be made at least two business days before the scheduled activity to avoid a cancellation fee.