

ANNUAL REPORT 2017



THIS YEAR, BECAUSE OF YOU

INCREASE IN REVENUE

10%

MAJOR EVENT
End of Financial Year



INNOVATIVE WORKSHOPS



PROJECT

DA Approved Stage 2 of Kerry Street Development

THANK YOU!



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VISION

To be the leading community provider in the Illawarra

VALUES

Each person has a right to be treated with dignity and respect

We are all individuals and have individual needs

Our services are managed effectively and efficiently

MISSION

To identify community needs and where possible, establish services to meet those needs

To stimulate the interest of the community in the development of their area

To have a vote in the establishment and operation of these services

MESSAGE FROM THE CEO AND PRESIDENT

EVERY YEAR JUST GETS BETTER

It is truly hard to believe that another year comes to an end. It is a great time to reflect and report that BBCR has once again enjoyed another year of changes, highlights and challenges.

One thing that does not change is the passion and dedication of our great team of Board members, staff and volunteers who continue to deliver positive outcomes for individuals who choose BBCR as their service provider.

It makes us proud, witnessing each day the impact the team makes in gaining the many benefits for individuals. This support assists others to be engaged in activities that improve physical, mental and social health outcomes and be able to enjoy a more fulfilled life. It is extremely gratifying to watch the difference a kind word or even a smile can make to someone who is lonely or needs someone to be there to lighten the load.

AN INSPIRING AND REWARDING YEAR

There are many champions and inspiring stories that are shared at BBCR. Each one of them is uplifting and shows the strength of individuals who may be struggling through illness, hardships or loneliness to be empowered, encouraged or assisted to change, take control of their life and become a champion. All they needed was a little help from the BBCR team.

This Annual Report provides the opportunity for staff to share some of these stories, and to thank all our staff, volunteers, partners and supporters for their valuable contributions.

AGED CARE REFORMS

Slowly, but surely the Aged Care Reforms are happening. The planned Commonwealth Home Support Program (CHSP) transition to the Home Care Packaged Program has been rescheduled by Government until 2020.

This delay has provided some relief for providers to have additional time in preparing their processes and systems to meet the new challenges that these changes will present.

We did however experience the first stage Choice' 'Increasing measures the implemented on 27 February, 2017 to the Home Care Packaged Program. This change was aimed at improving access to home services and to allow older Australians to choose who provides their care. 'Increasing Choice' also introduced а national prioritisation process for access to home care.

Since this change it has been reported that there has been a 50% increase in approved aged care providers. These include a large number of residential care and private businesses who have been approved to deliver home care packages, resulting in a very competitive marketplace, and lots of choice for older people.

There are different models and approaches to the delivery of services. It is indeed very interesting times ahead with the looming generational shift coming to aged care.

The baby boomers are entering the market over the coming years. This generation are fans of technology and they use social media to keep connected to their family and friends. According to research, baby boomers will not be filling their days with bingo, word games and knitting. They want to be much more active and seek different activities in their life.

BBCR has been forward thinking and preparing for this wave of change by introducing many new activities for individuals to choose and benefit from. This has included programs, such as walking groups, Tai Chi, healthy cooking, relaxation and oil therapies aimed at supporting individual's long term health and wellbeing.



Our cottage guests enjoying a Tai Chi sessions with our Health and Wellbeing consultant, Joanne Fabri

THE TARGETED EARLIER INTERVENTION PROGRAM REFORMS (TEI PROGRAM)

BBCR through the State Governments Community Builders funding has been supporting local youth and community members to attend programs and activities in the Bay & Basin area for over 20 years. Over the next few years this funding will change through the Targeted Earlier Intervention (TEI) Program reforms. These reforms will apply a mix of outcome based and output-based contracting with longer contract duration and а flexible performance framework. that accommodates a more holistic set of performance criteria relevant to service streams. We support the reforms presented by the Department of Family Community Services (FACS) who are driving the TEI Program changes. Key staff have been working with representatives from FACS, ensuring that we work together in a vision for Sanctuary Point and a strategic direction to address the issues for young people, their families and community residents. A number of planning days were attended with the Department who provided workshops and forums for BBCR staff and key stakeholders to attend and map out what they saw as the issues and solutions for Sanctuary Point. Participants worked on how we can all join our resources together and deliver awareness and preventative model of solid effective support that will bring about change and make a difference to the future of the target groups in our community.

Our existing TEI contract was rolled over as at the 1st July, 2017 with an end date of 30 June, 2020. The next steps will be to negotiate and discuss changes with FACS on our new TEI contract. This will include a transition plan outlining the tasks required to move to the new program.

BBCR's Strategic Plan for 2018-2021 is being developed from this consultation process, the feedback from the community survey carried out during 2016/17 and client, staff and volunteer planning sessions.

BBCR CONTINUES TO GROW



BBCR property, taken by Project Development Manager, Deborah Butler

During 2016/17 BBCR was busy negotiating the purchase of 2.44 acres of land in Sanctuary Point, which the organisation has now secured. This purchase would not have happened if it was not for the persistence and hard work of our President, Dave Reynolds, who worked tirelessly negotiation and finally got a great outcome for BBCR. But it also took the vision of our CEO and team members to support the concept behind land purchase in the first place. It is very exciting with big plans of expanding and enhancing our existing community's venues and services. BBCR will grow, connect and create a meeting place that provides an ongoing contribution to social, economic and cultural sustainability of the community. As we enlarge our service footprint and grow as an organisation we will provide updates on our website for everyone to track our progress.

Stage 2 of the Kerry Street development received DA approval. Construction of the proposed skills development venue (cafe with commercial kitchen) will commence when opportunities are available to gain funding.

Our growth has also included the successful tender for the short term restorative care program. BBCR was the only successful provider in the Illawarra to

gain places. This was a tremendous win as it allows BBCR to provide a very diverse range of restorative care options in a different setting, such as residential, home and short stay places available at the cottage.

OPPORTUNITY

BBCR has strong effective partnerships. Each relationship is unique and enhances our projects and activities in different ways.

Our partnership with Shoalhaven City Council has been rewarding with the completion of the restoration of the foreshore in Sanctuary Point. This included our partnership with the Job Networks who supported the project.

We also hosted the "Bherwerre Wetlands" community consultation process with Council. This process gained a valuable outcome for all involved with the concept plan being adopted by Council. BBCR will have many opportunities for being involved in the construction of the wetlands projects with our volunteers and participants.

The extensive scope of BBCR partnerships can be demonstrated through the recent Strong and Resilient Communities grants tender process when BBCR requested support letters from our partners to submit with our applications. We received letters from primary and high schools, art groups, local, state and Commonwealth Government bodies, businesses, University of Wollongong, job networks, indigenous representatives, service providers and many more. We were overwhelmed by the level of support that flooded our way. There is significant opportunity to build on these strengths to develop a strong focus on sharing resources, training to collaborate develop comprehensive more responses and active change together.

If BBCR is successful with these tenders we will be able to offer the Bay & Basin

Community opportunities to be involved in activities that build and help communities to become self-reliant and empowered.

CAREER PATHWAYS

An explicit aim of BBCR is to provide opportunity for professional development and career pathways for our staff, also for students who wish to carry out their placement hours at BBCR. During the year we have provided mentoring for a number of students from across different educational institutions.

Staff have also attended mandatory training sessions, conferences, workshops and undertaken tertiary level studies.

Staff have been offered new positions and promotions as their experience, skills and qualifications had increased.

This approach by BBCR supports innovative and creative thinking, builds networks and provides a platform to generate discussion, share ideas, and introduce state of the art initiatives.

THE YEAR AHEAD

BBCR will continue to explore opportunities, develop and create innovation to grow our services and deliver the best possible outcomes for our community and the people we support.

We most definitely have a very exciting year ahead with the development of the new property, recruitment for new positions and implementation of the new Short Term Restorative Care Program.

To ensure BBCR keeps up with technology and stays competitive our Finance Manager, Michael Irving has been working with Microsolve, IT support consultants. They have gained tenders from IT software vendors who will present a range of community care management systems for BBCR consideration. The planned outcome of this process will be to stay at the forefront of new IT systems that will deliver the best for our staff, funding bodies and clients.

The journey ahead is inspiring and exciting. We have an incredible team of people that make what often may appear impossible just happen. We love a challenge as it keeps the ideas flowing and the passion alive.

A very big thank you to everyone who makes BBCR an organisation to be extremely proud of working for.

Dave Reynolds Sue Clifton BBCR President BBCR CEO

"There is immense power when a group of people with similar interests get together to work around the same goals."

- Idowu Koyenikan



AGM MINUTES 2016

BBCR ANNUAL GENERAL MEETING

Date: Thursday 17th November, 2016

South Coast Community Centre

130 Macleans Point Road, SANCTURAY POINT, NSW 2540

Meeting Open: 6.25pm

Chairperson: Dave Reynolds

Apologies: Deborah Butler, Michelle Gregory, Michele Smith,

Tania Cartmill, Christine Rigg

Attendance: Registered and signed in ATTENDANCE BOOK.

2015 AGM Report: Tabled.

Motion: That the 2015 AGM Minutes be accepted **Moved:** Sharon O'Brien **2nd:** Jo McAlister

PowerPoint presentation: The Home Grown Express – presented by Tabitha Gallanty on behalf of Karen Chambers. An inspiring presentation delivered by Tabitha. The program is a credit to Karen and the Community services Team.

Propose adoption of 2016 Annual Report:

Moved: Sharon O'Brien 2nd: Ross Clifton

Treasure's Report: Tabled

Motion: That Financial Audited Report be accepted.

Moved: Ross Clifton 2nd: Sharon O'Brien

PowerPoint presentation: Home Maintenance Program – presented by Brad Slaughter and Steve Collins. Another inspiring presentation.

Election of Office Bearers 2016/2017

Returning Officer: Phil McNamara

All offices declared vacant by Returning Officer who thanked the outgoing Executive for a job well done.

Nominations read out by Returning Officer and formalities carried out in accordance with the BBCR Constitution.

All positions filled and accepted:

President: David Reynolds Nominated: Ross Clifton 2nd: Joanne McAlister Vice President: Joanne McAlister **Nominated:** Ross Clifton **2nd:** David Reynolds Sharon O'Brien Treasurer: Nominated: David Reynolds 2nd: Ross Clifton Secretary: Michele Smith Nominated: David Reynolds 2nd: Ross Clifton **Board member:** Tania Cartmill Nominated: David Reynolds 2nd: Ross Clifton Nominated: David Reynolds 2nd: Joanne McAlister **Board member:** Ross Clifton **Board member:** Rebecca Rudd Nominated: David Reynolds 2nd: Ross Clifton

Welcome Cath McLeod

Annual Membership Fees: Membership Fees to remain at \$1.

Guest Speaker: Phil McNamara

Topic: 'BBCR changing from Incorporation Association to Company Ltd by Guarantee'

- Transition from incorporation to company
- Legislation allows BBCR to transfer easily
- On the surface, BBCR does not change
- Steps for transfer:
 - 1. Board meets and passes motion for transfer from incorporation to company
 - 2. Complete required paperwork
 - 3. Once approved, notify bank and ATO

Notice of Motion and new resolution: Members need to vote on the transition of BBCR from an incorporated Association to a Company Limited by Guarantee.

Motion: That the Board pass a resolution to:

- (a) Table the letter from Dep. Fair Trading to the CEO dated 13 September 2016;
- (b. to adopt a course for the transfer of the association to a Company Ltd by Guarantee within a timeframe of 6 months from the date of this AGM;
- (c) for the board to meet at such times as required to discuss and determine inter alia:
 - (i) the name under which BBCR is to apply to become registered; and
 - (ii) the constitution of the company consistent with the Corporations Act.
- (d) table the Template Constitution upon which discussion and amendment will be made.

Moved: Ross Clifton 2nd: Sharon O'Brien

Meeting closed: 8.30pm

HUMAN RESOURCES

CELEBRATING SUCCESS

Our people are the very heartbeat of this organisation. They care about the community they live in and happily work to support our many projects and programs that make a real difference to the lives of others. Our annual recognition day is a popular event at BBCR. The variety of activities is always exciting which fosters social engagement throughout the whole team.

The theme for this years recognition event was health and wellness, an ongoing initiative intended to enhance each employee's general health and sense of wellbeing. Three workshops covered different aspects of health and wellness, increasing knowledge around positive selftalk, good gut health and the many benefits of gentle exercise. Together, we recognised and celebrated our Employee of the Year, Darko Novak, who has an exceptional work ethic and continually demonstrates the vision of BBCR in all he does. Darko understands and embodies the principles of wellness and enables our clients' independence through providing meaningful service.



Darko receives Employee of the Year Award

STRENGTHENING RELATIONSHIPS

With an increase of new services to our Aged Care division, came the addition of

two new staff members - Cath McLeod and Mishelle McGee who head up the Home Care Packages and Short Term Restorative Care programmes. Cath and Mishelle bring a wealth of experience, knowledge and skill to the BBCR team.

At BBCR we enjoy looking at innovative ways of increasing professional development opportunities within our workforce to better meet the changing needs of our diverse community. The concept of Play Therapy whilst relatively new is gaining popularity and has proven to be successful with our Lego Club trial groups and our Community Project Worker, Karen Chambers this year.

FUTURE FOCUS

The HR department will be developing a Workforce Plan in order to take stock of our current workforce, project what our future workforce requirements will be and identify gaps or issues that will need to be addressed. This plan will inform the recruitment process, direct the learning and development sessions and create pathways for professional development opportunities.

At BBCR, it's about having the right people, with the right abilities, in the right place at the right time. BBCR is an employer and a provider of choice, we are proud of what we offer and what we deliver.

Tabitha Gallanty Organisational Development Manager

"Talent is good, practice is better, passion is best"

- Frank Lloyd Wright

PROJECT MANAGEMENT

BBCR promotes positive social change through learning and community engagement.

Project management is diverse, complex but also interesting as it takes on many roles within BBCR. It is guided by many different factors and changes on a daily basis. In the past year the role of the Project Development Manager has been responsible for:

- Current and future projects, and infrastructure requiring a project management focus
- Researching existing and new funding, business opportunities
- Implementation, support for new projects and programs
- Promotion and marketing strategies to meet BBCR targets
- WHS/Management, training coordination and implementation
- Volunteer recruitment, orientation, training program
- Other organisational and community partnership project requirements needing assistance and support
- Partnership projects with Shoalhaven City Council including the Bherwerre Wetlands Project.

There were two main infrastructure projects this year:

- 1. Gaining a DA for stage two of BBCR's South Coast Community Centre.
- 2. The purchase of land adjoining our current properties for the provision of a range of new community projects, which will address community needs in the local area.

The above projects have been identified through BBCR's Community Plan survey, which was undertaken in 2016.

A range of smaller capital projects were

completed that have enhanced and expanded existing BBCR venues.

FUNDING

BBCR is continually sourcing new business and funding opportunities. We have had an exciting year with lots of successful outcomes, including:

- 10 Short Term Restorative Care Program Packages
- Extension of contracts for the Commonwealth Home Support Program to June 2020
- Extension of Community Builders funding 2020
- Extension of contract for the Great Mates Project until March 2018
- Over \$18,000 from ClubsGRANTS applications, which provided funding for various projects across BBCR.

The organisation is also in the process of completing the Third Party Verification and registration for the NDIS to extend our service delivery to assist People with a Disability. BBCR qualified as an Approved Provider under ADHC and has been providing services to individuals under the Leaving Care Program.

PROMOTION AND MARKETING

BBCR is committed to ensuring the wider community is provided with up to date information on news, events, services, and community projects available. Over the past year this has included a number of promotion strategies such as:

 Ongoing engagement with Webics (local website design company) working on a new website design to ensure our website is user friendly, provides current information and is a useful tool to assist consumers

- BBCR Facebook page, which has gained a large increase of followers with up to 2,000 views per week recorded
- Design and purchase of promotional giveaways including: notepads, sunscreen, and bags
- New BBCR promotional signage at Huskisson football fields
- Commercials on the television screens at St Georges Basin Country Club and information on Huskisson cinema programs
- Media coverage on Illawarra radio WAVE FM, and BBFM Community Radio with the potential to reach over 88,000 listeners across the Illawarra and Shoalhaven
- Local media advertising in the About Magazine, newspapers and promotional fliers
- The development of a new brochure for the Short Term Restorative Care Program.

Information is distributed throughout the community across the Illawarra and Shoalhaven, through promotional talks to community and stakeholder groups, service provider meetings, visits to health professionals, doctor surgeries, medical practice clinics, TAFE and hospitals. Last year we reached around 10,000 people through BBCR promotion and marketing strategies.

BBCR's attendance at community events has also provided an opportunity to talk with the community regarding BBCR services. These events have included Spring into Sanctuary Point, Aged Care/Disability Lifestyle Expo, promotional stalls in shopping centres, Seniors Expo, community craft group expo and community group visits.



Street Stall Vincentia Market Place one of our many marketing strategies

STAKEHOLDER AND PARTNERSHIP ENGAGEMENT

Networking opportunities benefit the organisation. Regular attendance at stakeholder network meetings, planning workshops, forums has included:

- Shoalhaven Community Aged Care Network
- Network meetings, and
- Community Care Collective.

Attendance at these meetings assists in maintaining current legislation requirements changes and any Government reforms. This information is included in monthly reports to the CEO and Board providing the opportunity for on going quality management. BBCR has excellent business partnerships across the Illawarra/Shoalhaven with local schools, community groups, businesses, residential facilities and Government bodies.

VOLUNTEERING

Support and assistance in volunteer recruitment, orientation and training for the community service team has continued. Volunteers are a vital part of this role. Their dedication and hard work enables BBCR to continue providing community projects. Volunteers are supported with recognition events, team meetings and ongoing support from managers and supervisors.

In my roles, in the past year I have interviewed approximately 50 potential volunteers to work across the Community Service Programs, with a 50% rate of recruitment into services.



Volunteers contribute in various roles at BBCR.

WORK HEALTH AND SAFETY MANAGEMENT SYSTEM

The WHSMS achievements for 2017 include the following:

- Risk Management and return to work audit review plan completed
- Implementation of a new WHS home checklist
- The implementation of Emergency Procedures Guide for all BBCR office phones
- Installation of a safety mirror and stop sign at 18 Sanctuary Point Rd
- WHS training program for all workers
- Ongoing training for staff in the HR SWMS competency training tool
- Up date of the WHSMS Manual
- Accident/injury/illness reporting
- Hazard reporting
- Events checklist and risk assessment review
- Completion of monthly and annual venue inspections

 WHS advisory group with consistent health and safety representatives attendance, completion of safety related projects.

The WHSMS continues to work effectively and efficiently across all areas of BBCR. The Board receives a comprehensive monthly report, which keeps all members up to date in all areas of risk including any legislative changes or requirements.

Deborah Butler BBCR Project Development Worker

> "People coming together as a community can make things happen"

- Jacob Rees Mogg

SERVICE REPORTS













HOME CARE PACKAGE & SHORT TERM RESTORATIVE CARE PROGRAMME

AGED CARE TEAM

ANOTHER BUSY YEAR

We received over 520 referrals through the My Aged Care Portal during the year, with over 350 people signing a Service Agreement with BBCR. For those who declined services the majority gave their reason as service not required. Other reasons included asking to be left on hold, they were in hospital, had gone to permanent care or passed away. A very small number already had a home care package.

Being a not for profit organisation, BBCR prides itself on providing support and services, to enable clients to remain living independently in their own homes. The service is government funded and only requires a contribution fee payable by the client/carer.

Efficiencies and flexibility have proven to make living at home an achievable outcome for our many Community Home Support Program (CHSP) participants.

The Aged Care Assessment Teams, hospital social workers, discharge planners, regional assessment team members and other stakeholders have voiced that BBCR's speed and flexibility in responding to referrals and following up with providing a quality service has made us a Provider of Choice.

Time Limited Agreements (TLA) have been offered to support clients who have a package with another provider while they wait for a higher level of package to be available or as 'top up' support. This support meets the guidelines but it is important to note that the difference a TLA makes can be what provides the means for the person to remain at home longer.

SPECIAL EVENT

On October 27th, 2016 we held our annual Carers Event at the Sanctuary Point Community Care Centre. Carers attending our monthly support group requested the event to be a morning tea with a BBQ lunch. They also wanted the event to be informal with no speakers or organised activities. Carers and the person they care for, as well as other family members all attended. Everyone enjoyed socialising during the day, staff were available for one on one support chats with carers. The day ended with our BBCR favourite dessert, ice cream cones with sprinkles and flakes, always a big hit with everyone.

The assistance of the volunteers on this day with preparation of morning tea, cooking of BBQ and general support makes this annual event even more special, enjoyable and a day to be remembered.

OUR COMMONWEALTH HOME SUPPORT SERVICES

FUNDED THROUGH THE DEPARTMENT OF HEALTH

Domestic support is one of our most sought after services. BBCR was successful in presenting a business case to the Department of Health earlier this year to request the transfer of funds/outputs from another service type to domestic assistance. Once approval was received our client base and outputs for domestic assistance grew very quickly with clients reporting their appreciation.

Our Short Stay Respite Cottage continues to be one of the most popular of our CHSP

services with most weekends booking out fast. Our cottage in Sanctuary Point provides up to 4 nights supported accommodation in a home like environment. There are four bedrooms and two bathrooms with friendly inviting living and dining rooms. The long verandah has seen many a story told sitting out in the winter sun or under the shade when the weather is warm. The backyard has raised garden beds with plans in place for a chook pen and vegetable gardens in the later half of 2017.

Home Maintenance Program (HMP) is a high demand service, operating three days a week from the BBCR Men's Shed venue. The service provides general garden/ maintenance assistance, green removal and one off lawn mowing for residents in the Bay & Basin region. Staff and shed volunteers support the service. It provides a cost effective service that focuses on maintaining an older person's independence, helping them to enjoy being outdoors by transforming their outdoor area into easy care gardens. Often this can be a large factor in assisting them to remain living in their own home environment. The HMP program has proven to be exceptionally popular in the area and the program now provides regular support to over 70 registered clients. Over the last 12 months the program has completed over 2700 hours of service. Assistance has been from making and installing a new letterbox to repairing a front handrail and deck to reinstate safe access to enjoy the area once again.

Personal Care encompasses not just someone coming in to give you a shower but more often stand by support to enable our clients to maintain their privacy or to feel comfortable where needed to have staff physically assisting. Sometimes just that feeling that someone is in the home can be all that is required to maintain independence and self confidence.

The opportunity for staff to provide company in the home or out in the community has this year included many activities. These services are provided under Flexible Respite and Social Support Individual.

Benefits of these services can include a break for a carer and the opportunity for socialisation and to attend tasks or appointments for the client themselves. Examples include:

- Accompanying a client weekly to a dance class. The client who has dementia and staff member achieve great enjoyment from this activity and the carer has some time for himself.
- The opportunity to access the local supermarket to chose their own groceries in the company of staff often provides a sense of accomplishment, rather than ordering online and having delivered for example. We have been told BBCR's Employee of the Year picks the best fruit and vegetables when shopping.
- Taking a client regularly to the local Indoor Aquatic Centre to swim laps.
- Sitting down at the wharf or local café having a cuppa and a chat.
- Painting tuition by a client with a staff member. Activity enjoyed by both.
- Cooking together.



Quality time between clients and volunteer, solving the worlds problems

Our activity groups, which are funded under Social Support Group and Flexible Respite Centre, continue to provide entertainment and opportunities for socialisation.

Activities enjoyed have included:

- Aqua Painting, bead work, games and craft activities
- Visits to Nan Tien temple, Nowra
 Museum, local parks, cafes and beaches
- Walkabouts enjoyed a longer day with a walk at Gerringong.



Enjoying a beautiful winters day while watching for whales

COMMUNITY VISITORS SCHEME (CVS)

CVS has been a great success this year with local retirement villages being entertained by 'The Pirates' - BBCR's own band - and volunteers assisting with games and activities. This volunteer support has been able to offer opportunities for interaction and socialisation for a number of residential residents. Clients with a Home Care Package have been able to benefit from being referred to the CVS program as this allows for a volunteer to visit and provide social support. This enhances the overall value in receiving a holistic range of service from BBCR.

Volunteers provide a vital and valuable component of BBCR aged care services. They provide the support, which often enables clients to access the many diverse

services BBCR provide. On behalf of all BBCR staff we cannot thank them enough and look forward to working together into the future. Volunteering provides not only benefits for the client and staff but also for the volunteers themselves.

BBCR continually receives positive feedback from clients who appreciate the support and care they receive from our valuable staff. We continually hear that our staff, will go the extra mile, take the time to listen, genuinely care, show compassion, are totally professional and well presented.

We have a great Team who will continue to make a valuable difference to our older Australians.

Michelle Gregory Orperations Manager

"Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn the world around."

- Jacob Rees Mogg

BAY & BASIN COMMUNITY RADIO 92.7FM

Bay & Basin Community Radio 92.7FM is the only permanent licensed community radio station exclusively broadcasting to the Bay & Basin region. The station is based in Sanctuary Point and is one of BBCR's most exciting programs.

VOLUNTEERS

Volunteers and staff come together to keep 92.7FM going, Volunteers are the lifeblood of our station and assist in many different capacities from production and editing, interviews, podcasting, web streaming, IT and technical, promotion/ marketing, outside broadcasting in addition to developing and presenting live radio shows for broadcast on air. Community radio volunteers do it all!



BBFM Group Shot

92.7FM is proud to offer excellent programming to residents of the Jervis Bay and the St. Georges Basin area. Community radio offers an alternative to mainstream media, giving listeners something uniquely different, whether its 1920's Swing and Big Bands, Blues, Rock, Alternative, Jazz, Reggae, Current Affairs, Country, New Releases and emerging Australian artists and bands you're sure to find something to satisfy your senses.

COMMUNITY RADIO NATIONAL LISTENER SURVEY

As detailed in the 2017 Community Radio National Community Listener Survey broadcasting Australia's largest independent media sector, a key pillar in the Australian media landscape, and recognised internationally as one of the most successful examples of grassroots media. Over 5 million people tune in to 450 plus not-for-profit, community-owned and operated radio services operating across the country each week. These stations provide programming that caters to the needs and interest groups of their communities and contribute to and reflect an Australia that is an open society, a strong democracy and a vibrant culture. Stations play an important role in providing a voice for communities that aren't adequately serviced by other broadcasting sectors.

The Community Radio National Listener Survey is a survey of the community radio listening habits of Australians. It is a hybrid telephone and online survey of a representative sample of 10,000 Australians over the age of 15, across all Australian states and territories and is conducted on behalf of the CBAA by McNair Ingenuity Research, an accredited Australian market and social research organisation with a long history of media research dating back to the first radio audience surveys held in the 1930s.

The surveys provide invaluable feedback to community stations and stakeholders about trends, listeners and the sector itself - here is a snapshot of the results.

In an average week, of all people aged 15 years and over throughout Australia's non-metropolitan areas (6,285,000 people):

- 645,000 people, or 10%, listen to community radio but not commercial radio
- 802,000 people, or 13%, listen to community radio but not ABC/SBS radio; and
- 337,000 people, or 5%, listen to community radio exclusively, that is, listen to community radio but not commercial radio or ABC/SBS radio.

For further information and fact sheets visit **www.cbaa.org.au**.

PROGRAMMING

92.7FM entertains listeners with music across all genres and styles and keeps us informed with local news, weather, sports community significant and information. We don't just broadcast from our station, either - we also provide regular outside broadcasts (OB's) throughout the year with our busiest time being the Spring/ Summer period. Events include the annual Huskisson White Sands Festival, Spring into Sanctuary Point, World Environment Day and Dream It Make it Festival with Sanctuary Point School. In addition to regular studio programming an assists to raise awareness and promotion of events whilst sharing the things that matter to our listeners.

YOUTH RADIO

92.7FM prides itself on having a strong youth focus and provides a range of school based radio programs such as Forever Forward presented each week by stage 3 students from Sanctuary Point Public School, Well Wicked hour and Friday Fusion

presented by high school students from Vincentia High School and the Jotboard show featuring local youth volunteers.



Forever Forward Radio

TRANSMISSION SITE UPGRADE

In March 2017 the station applied for funding from the Community Broadcasting Foundation to purchase vital transmission equipment, we were successful with our application which allowed us to upgrade and relocate our main TX antenna and outside broadcast RX antenna to the new metre communications tower at Vincentia built by Shoalhaven City Council. This funding not only purchased the necessary equipment, but also covered the professional installation within the required timeframe, ensuring our broadcast service is maintained at the highest standard for years to come. Thanks to Campbell Waller from Sight & Sound Installations for his assistance with this much needed upgrade. His expertise, knowledge, professionalism and support made the transition seamless.

GRANTS AND FUNDING

A sincere thanks to the Jervis Bay Lions club who kindly donated \$500 to 92.7FM this year to assist with station merchandise (t-shirts), the management and staff at The Country Club St Georges Basin for their generous contribution via the Clubs NSW

clubgrant scheme to enable the purchase of new computers and equipment and the Community Broadcasting Foundation for their financial contribution to assist with the cost of our annual TX site rental fees, transmission equipment and installation costs.



Lions Club Presentation

RADIO SPONSORS

On behalf of Bay & Basin Community Radio 92.7FM I would like to acknowledge the following local businesses that have supported the station as our valuable sponsors over the last 12 months:

- The Country Club St Georges Basin/Vincentia
- Nowra Carpet Court
- Vincentia Laundrette
- Hunt Removals and Storage
- Vincentia Bay Medical
- Your Mouth Matters
- Sanctuary Point/ Districts Community Bank
- Club Husky
- DAM Electrical
- Nowra Tilt Tray
- Integrity Real Estate
- Hancock Denture Clinic
- Jervis Bay & Basin Locksmiths
- Ison and Co Home Hardware Sanctuary Point
- Club Jervis Bay

- Shoalhaven Entertainment Centre
- Jayo Billiards Sth Nowra
- Huskisson Vincentia Football Club
- Jack C Herrald Solicitors—Vincentia
- Simply Pharmacy Sanctuary Point

Sponsorships and donations provide the backbone of community radio and without this support it would not be possible to provide this valuable resource to our local community. If you would like to support 92.7FM please phone the office on (02) 44437 681, email brad@bbcri.com.au or get in contact via our website www.bbcri.com.au.

A huge thanks to our listening audience and community for playing an active role in what we do throughout the year and the BBCR board, management and staff that play a vital part in ensuring the ongoing success of the station.

Thanks to each and every one of our wonderful team of radio volunteers, they do exceptional work and are the voice of 92.7FM.

In closing, a special acknowledgement to our behind the scenes friend Greg W who left us suddenly this year, in recognition of his hard work and ongoing dedication to 92.7FM. He is very much missed and will be remembered by us all.

Brad Slaughter BBCR Community Project Officer

COMMUNITY

BBCR Community Services aims to develop and promote the Sanctuary Point Youth and Community Centre as a locally based, single point of access to information, resources and services that are accessible to all members of the community. We connect individuals to information and services to promote community capacity and increase resilience.

SERVICE HIGHLIGHT

The highlight for our team this year has been the strength and support of our wonderful community partnerships which have allowed a diversity of education and training programs to be offered on site at Sanctuary Point Youth and Community Centre. As many in our area cannot drive, do not have transport, are single parents or face other barriers – these opportunities are instrumental in improving education and health outcomes and addressing issues of social inclusion. These partnerships have resulted in:

- Childcare offered by neighbouring service to allow parents opportunity to participate.
- Delivery of three part qualification courses
- Delivery of a full qualification course in Education Support
- Volunteering opportunities with both BBCR and partner organisations
- Early literacy, social development and behaviour management programs for 0-5 years
- Aboriginal specific workshops addressing nutrition, parenting and child development.

These partnerships have also enhanced our support and referral pathways for clients in need – especially those experiencing family violence, homelessness and financial difficulties. We would like to extend a special thank you to Kim Thompson – Illawarra Shoalhaven District Health, Health Promotion Officer, who has provided us with invaluable networks, resources, funding, support and programs.



DIY Christmas Workshop

KATE'S* STORY

Kate and her young child returned to live in the Sanctuary Point area after leaving an abusive relationship. She had been left without money, housing or materia<mark>l</mark> possessions. She was struggling financially and emotionally and was evicted soon after moving. Kate began seeking assistance from and attending workshops hosted by BBCR. Gradually Kate gained stable housing, became a group leader then facilitated centre based workshops. With the support of our organisation and partners her community networks grew. Kate was mentored by a small business owner and now runs her own thriving cottage industry company.

Karen Chambers Community Program Worker - Team Leader

^{*} Name changed.

MEN'S SHED

'GREAT MATES' SHED PROJECT

The modern Men's Shed is an updated version of the shed in the backyard that has long been a part of Australian culture, with the added benefit of encouraging social inclusion. A Men's Shed is a dedicated, welcoming shared place where men come together, regardless of their background or ability, to share knowledge, learn new skills and develop old ones and have a bit of fun.

At the shed, men have the opportunity to find friendship, a sense of purpose and a place to belong and contribute. Many men live fuller and happier lives through their involvement with their shed, but it doesn't stop there.

Men's Sheds create stronger local communities, community foster spirit, cultivate social connectedness and contribute to building a more inclusive worthwhile Australia community endeavours, delivering great benefits for the wider community through major projects, donating arts and crafts, participating in community and events actively promoting men's health and wellbeing.

The BBCR Great Mates Shed, located at 18 Santuary Point Road, operates 4.5 days a week from the Bay & Basin Men's Shed site, located in Sanctuary Point, and is supported by financial assistance provided by the Australian Government Department of Social Services 'Strengthening Communities Programme'.

The project provides a wide range of activities aimed at reducing isolation whilst supporting socially disadvantaged males living in the Bay & Basin region. The project

offers our BBCR volunteers, participants and regular user groups and schools the opportunity to participate in a diverse range of exciting programs and activities ranging from our weekly art group, woodwork/ carpentry skills workshops, community projects, home maintenance program, work for the dole activity and music group the pirates band, who regularly attend monthly public performances at local aged care facilities and support many community events throughout the year.

The past 12 months have proven to be extremely busy with many exciting initiatives and projects underway. Over the reporting period 475 individuals accessed the service and participated in the many activities that the shed has on offer.



Shed Group Shot

WORK FOR THE DOLE ACTIVITY

BBCR has developed strong partnerships with a wide range of community groups, organisations and service networks. In September 2016, we began phase two of the St.Georges Basin foreshore walking track activity in partnership with Shoalhaven City Council (SCC) and jobactive Campbell Over Page. the following 26 week period our Shoalhaven Working Action Team (SWAT) participants

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and staff carried out vital bridge, track redevelopment and repair work spanning a distance of over 5kms on the popular walking track between Palm Beach and Paradise Beach Reserve. The activity involved up to 12 male and female participants and work was carried out 3 days a week focusing on the main areas that were previously damaged by severe storms and floods. The group was supervised and supported by BBCR staff and volunteers both onsite at the mens shed and offsite at the activity location. Thanks to Kerry Thompson from SCC for her continued support, guidance and mentoring over the duration of the activity.

In April 2017, we started phase one of a new sustainable gardening project on site at the BBCR community venue in Sanctuary Point. This is an exciting project providing participants with the opportunity to develop hands on skills over the course of activity. The activity includes the design and construction of a number of no-dig raised garden beds and chicken coop in addition to general carpentry and concreting, to enable the refurbishment of an existing gazebo to house our pizza oven, coffee machine and outdoor kitchen, which upon completion will be utilised for health and wellbeing initiatives. Activity participants are involved in all aspects of the process from start to finish and will reap the benefits of what is grown and produced on site.



Work for the Dole Group Shot

MENS SHED RADIO SHOW 'SHED HAPPENS'

Our Men's Shed Radio Show "Shed Happens" presented by BBCR staff and men's shed volunteers continues to be broadcasted each week on Community radio 92.7FM. The show offers handy hints, tips on projects, product reviews, volunteer profile segment and regular interviews with men's sheds that are registered with the Australian Men's Shed Association (AMSA). The show also focuses on promoting the activities of the Great Mates shed project to the wider community and the show is sponsored by our local Home Timber & Hardware store 'Ison & Co'.

Highlights on the show this year was interviewing Paul Roadley from 'Driving OZ with the black dog', Damian and Taber from 'Ride to the Edge' and Stuart Torrence from Alzheimers Australia to discuss the launch of a newly developed mens shed manual 'Your Shed and Dementia'.

Paul is a retired paramedic who with his wife Kirstine, 3 children and Paul's Mental Health Assistance Dog (Luna) has embarked on a trip of a lifetime travelling around Australia, raising much needed funds and awareness of Lifeline Australia mindDog Australia. Paul was involved in Emergency Management for more than 26 years and unfortunately has been exposed to adverse situations, which have resulted in him being diagnosed with severe depression, anxiety, post traumatic stress disorder and suicidal ideation. Paul now has a Mental Health Assistance Dog (MHAD) called Luna who helps him to get back out into the community, and supports him when he is struggling.

Damian and Taber embarked on their own two-wheeled adventure traversing this great land of ours on their motorcycles to raise funds for Beyond Blue. Ride to the edge of Australia with Taber and Damo as they embark on a motorcycle journey to raise funds for beyondblue. It is an adventure these long-time friends have wanted to take for several years now and with a worthy cause to spur them on, they have finally made their dream a reality.

Stuart Torrence visited the shed to talk to staff, volunteers and participants about the manual as a resource for mens sheds. The manual has the necessary tools to help shedders support and communicate with men with dementia and men who are carers. It addresses the real issues associated with dementia. 'Shedders' need to know how to handle these issues in a sensitive and supportive way so the Shed can continue to have a positive influence. A copy of the manual is available from www.fightdementia.org.au.

BHERWERRE WETLANDS PROJECT

As reported last year, shed staff and volunteers have undertaken the above project and continue to work closely with local artist Vanessa Barbay, who in partnership with local school students, has been painting 12 outdoor art panels featuring a beautiful selection of some of the 60 native bird species that inhabit the wetland area in Sanctuary Point. The panels are 1220mm x 1220mm in diameter and take approx 120 hours each to complete. As they are designed to handle the outdoor elements, each panel needs two coats of exterior house paint before being finished with an anti graffiti coating. Vanessa has completed 7 of the 12 panels to date and the remaining 5 have been planned and are due for completion in 2018, to tie in with the Jervis Bay & Basin Arts Seechange Winter arts festival.

The shed is continuing with the construction of 4 galvanised steel rotating frames, of which each house 3 panels. Once these are completed they will be installed on Larmer

Ave, Sanctuary Point adjoining the entrance to the wetlands area. These panels will not only raise and promote awareness of the wetlands but will also provide a sense of place. BBCR is committed to the Bherwerre Wetlands project and is looking forward to continuing to support the enhancement of the area as it evolves, with other projects planned such as the construction of outdoor seating, boardwalks, signage and other aspects as the project gains momentum. It is certainly a truly unique jewel in the crown for Sanctuary Point and the Bay & Basin area.

COMMUNITY PARTICIPATION

The Great Mates shed encourages participation from a variety of organisations, local primary schools and high school, user groups access the activity to undertake a variety of projects or assist with making a community project.

Students are accompanied onsite by school staff and supervised and supported by BBCR staff and shed volunteers whilst undertaking workshops.



Vincentia High School Group

The following is a snapshot of the projects completed:

- Tomerong Public School timber privacy screen and seating to enhance their outdoor learning space
- Vincentia High School timber outdoor setting for the support unit garden/ deck area and a timber shade awning for the Clifton park learn to ride facility at Sanctuary Point
- Falls Creek Public School timber stilts for their circus program
- St Georges Basin Public School timber trucks for the schools playgroup
- Greenacres and Focas groups recycled timber teepees for the Gardener Farm Childcare Centre and a plastic bottle hothouse to use with our sustainable garden project
- Coastal Waters Retirement Facility timber bench seat for community raffle at Spring into Sanctuary Point 2016
- BBCR art group terracotta pot Santas for BBCR venues and recycled surfboard mandala piece for Shoalhaven Heads pool summer art exhibition
- Pirates band seven community performances throughout the year.

NEW DEVELOPMENTS

2018, is shaping up to be an even bigger and exciting year than 2017. BBCR was successful with the recent acquisition of 2.44 acres of land adjoining the Shed and other community services property in Sanctuary Point. This will provide a list of endless opportunities for new projects, which will benefit everyone involved and the local community.

In closing, I would like to acknowledge the various funding bodies, schools, partnership organisations and community groups for the support they provide to enable the range of activities, projects and events that we are able to conduct for the local community throughout the year.

Brad Slaughter Community Services Project Officer



OUTSIDE SCHOOL HOURS CARE

AFTER SCHOOL CARE

We have been very busy this year building, mixing and getting messy!! The children have been crazy for slime making this year! Though their clothes and our floor have not enjoyed it as much...

Gemma from BBCRs Youth Services spent a term with us making puppets for the 'Spring Into Sanctuary Point' parade.

With the help of Gemma we also filmed a WHS promotional video on 'Slips, Trips and Falls'. We had great fun getting into costumes and pretending to be pirates! The children thought it was cool that they ended up on BBCRs Facebook page:)

We changed our afternoon tea menu this year. We now have a 4 week rotating menu that focuses on healthy eating. The children have been trying some new fruits like papaya, which they all thought was yucky.

In March we put on our gloves and participated in Clean Up Australia Day. We didn't find as much rubbish as last year = GREAT:) We love to see that the students of Vincentia Public School are working hard to keep the school looking beautiful.

VACATION CARE

We went a little colour crazy over the Christmas period and had a Colour Run! There wasn't as much 'running' as we'd hoped, but there was definitely COLOUR. We also had a great time having water fun days. The children love nothing more than throwing water bombs at the educators (or tipping buckets of water on them)!!

We hired Kel from Kelmc Artworks Face & Body Art, a professional face painter. The building was filled with bunnies, puppies, princesses, butterflies and superheroes - with a few haunted faces thrown in.

We also had a very exciting visit from the Shoalhaven Zoo! We got to learn about Bearded Dragons, Ring-tailed Possums, Crocodiles, Pythons, and Wallaroos. But as always going to the PLAYGROUND is our favourite activity!!!



One of the great face paintings done by Kel from Kelmac Artworks Face & Body Art

A huge thank you to the St George's Basin County Club for providing us with much needed ClubsGrant funding!!!! Thanks to their contribution, we were able to purchase a second air conditioner, a new oven, water cooler and lots of craft and toys for the service.

OOSH would also like to thank Brad and Steve for letting us visit the Men's Shed and the Radio. Thanks for being such wonderful bus drivers and for always cooking us an excellent lunch!

Big thanks to Tabitha, Karen and Gemma for supporting us with resources, ideas and their time. Especially Gemma who has done lots of exciting things with us this year. The children love hanging out with you!

The number of children attending our After School Care and Vacation Care has continued to grow this year. We now have the biggest numbers we've had in the last 5 years! We can't wait to see what exciting things we'll do over the coming year!

Rochelle Fowler
OSHC Project Officer

YOUTH

YOUTH PROJECTS

BBCR Youth Services aims to support, refer and provide information to local young people, advocate on their behalf and where possible, develop and deliver projects to address identified needs.

Our projects over the last year were made possible in a large part due to the incredible support and partnerships provided by other community organisations.

These partners include:

- Crossroads Youth Health
- Jervis Bay Lions Club
- Vincentia High School
- SESIAHS Drug & Alcohol
- SESIAHS Health Promotions
- Shoalhaven City Council
- SESIAHS HIV/AIDS Related Programs Unit
- St Georges Basin Country Club, and
- Sanctuary Point Community Pride.



Build a Village Workshop with Vincentia High School Support Unit

YOUTH VOLUNTEERING

Volunteers not only make a huge contribution to the lives of the people in our community, they are also essential to connecting people and building social links through a greater sense of belonging.

Unknown to many, the highest rates in volunteering are amongst our young people. This trend is evident at BBCR with young people instrumental in development delivery and design of multiple programs.



Youth Volunteers

Karen Chambers Community Program Worker - Team Leader

HOME CARE PACKAGE & SHORT TERM RESTORATIVE CARE PROGRAMME

HOME CARE PACKAGE (HCP)

Over the past 12 months the HCP stream has seen a lot of significant changes. The most notable change occurred on the 27th February 2017. This date saw the HCP stream move the control away from the approved provider and placed the control directly into the consumer's hands. Whilst this decision is fantastic for the consumer, as it allows more flexibility, this decision has had an interesting affect on the approved provider. The impact of this change has seen a decrease in home care package referrals, as referrals are no longer received via My Aged Care and now come directly from the consumer.

The consumer's journey has also changed significantly and at times has been rather confusing for our older community to navigate. Prior to February 27th an approved provider applied for HCP, level 1,2,3 or 4 via the ACAR rounds, and were informed by the government if the application was successful or not. This process no longer applies. The new process is that when the Aged Care Assessment Team (ACAT) assesses a consumer the consumer is approved for the appropriate level HCP and then placed in a national queue to await allocation of the HCP. Once the consumer receives a letter of allocation it is then up to the consumer to contact one or multiple approved home care providers and then decide which provider best meets their individual needs. The consumer has 56 days from the date of allocation to make this decision to take up

a HCP or drop off the national queue until they are ready to opt back into the queue and await another allocation of a HCP.

Once a consumer has signed up with an approved provider for a HCP the consumer now has the option to move their HCP to another provider of their choice. BBCR have been very fortunate in that our clients value the services that are received and to date no client has chosen to leave BBCR for another provider. BBCR have also gained new clients who have chosen to leave their current provider and make the move to BBCR, which is fantastic!!

As of the end of the financial year the HCP stream had a total of 38 clients. Of these 38 clients 16 had a Level 2 HCP, 14 a Level 3 HCP and 8 a Level 4 HCP.

EXPANDING THE HCP TEAM

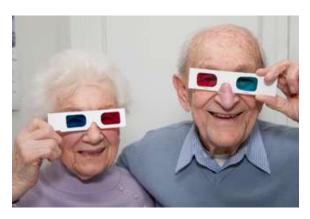
We have been fortunate enough to gain a very bright and bubbly woman named Mishele McGee join the BBCR HCP team. Mishele has been a wonderful asset to the team and joins us in the capacity of Wellbeing Coordinator. This role is traditionally known as a Case Manager. Mishele has learnt the role very quickly and brings a wealth of knowledge and new ideas to BBCR.

SHORT TERM RESTORATIVE CARE (STRC)

In October 2016 I attended a workshop in Sydney regarding this very new and exciting program. The aim of the STRC packages is to assist clients who have experienced a decline in their functional ability, which can be rectified within an 8-week period. The process to apply for one of these packages is similar to that of CHSP and HCP in that a request for an ACAT assessment can be made online via the 'Make a Referral, My Aged Care' website. Once a consumer has been approved by ACAT a referral is then generated to an approved provider via My Aged Care (MAC).

The approved provider may accept or decline the referral. Once the referral has been accepted and the consumer has accepted the STRC package, the Case Manger must liaise with the clients GP or Geriatrician and at least 2 other Allied Health professionals. The inclusion of all 3 members of the Allied Health team is a requirement of the STRC program. All 3 team members are required to assess, plan, discuss and document all interactions with the client and the other members of the team.

As of the 30th June 2017 BBCR had not yet received any STRC referrals.



Commonwealth HS Program

Cath McLeod Regional Manager

FINANCIAL OVERVIEW

ACHIEVEMENTS

BBCR has had another successful financial year with a number of notable achievements and strengthening of our financial position.

We were successful in obtaining contract extensions and new funding for the following:

- Successfully obtained places for the Shoalhaven and Illawarra for the Short Tern Restorative care Program
- A significant increase in the number of level 3 and 4 Home Care Packages
- Work for the Dole Programmes continued throughout the year and are expected to continue until 2018
- Two grants from Community
 Broadcasting for radio equipment,
 transmission costs and volunteer costs
- CDSE donations totaling almost \$20,000
- We had our first Leaving Care and Community Participation Clients.

In addition to the above we invested in our assets and facilities during the year through the following:

- Upgrading of the carpark and driveway at our Sanctuary Point office
- Continued upgrading of our aged care cottage

FINANCIAL RESULTS

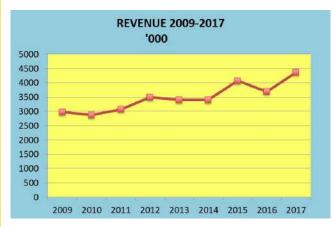
Our financial results were strong, continuing on from recent years.

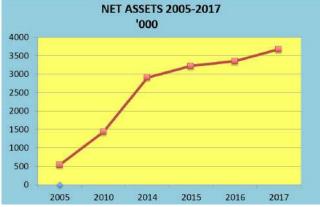
We had a significant increase in operating revenue of 10%, to approximately \$4.4 million. This was achieved largely due to the increase in Home Care Packages. This increase in revenue ensured that we achieved an impressive operating surplus of \$324,056 after a depreciation charge of \$102,452. This increase represents a large 2016 and reflects improvement from prudent management of expenditure, together with our strategies for growing the organisation revenue streams sustainably.

NEXT YEAR

The new year will see BBCR embark on significant upgrading of its IT resources and software and the purchase of land in Sanctuary Point for future growth. Funding of these capital outlays will be from reserves provided for in prior years.

Michael Irving Finance Manager





TESTIMONIALS

"Volunteering gives me purpose and a sense of achievement. I really enjoy the work roles I am involved in and giving back to the community. Putting smiles on peoples faces is the best feeling."

Anonymous

"Keep going! It is such a valuable learning experience. It is offering meaningful ways for children to be a valuable part of their community. It fosters positive self-esteem and a sense of place and connection to their local community. It has been wonderful, my daughter has gotten so much out of it."

- Parent of participant

"I have been out of work for 10 years. I have been really nervous and worried what happens now my youngest is in school. With this training I feel I have something to offer. I'm already doing placement and the school has told me when I'm finished they would like to offer me a position. It's really exciting – who would have thought!!"

Adult Student

"Congratulations on the success of the BBCR Soup Night on Saturday night. I also wanted to acknowledge what an excellent job you and the students did in making this event a health promoting event; including the health quizzes, the delicious healthy catering and the health theme of the community projects. The wonderful projects all deserved support and would all contribute to the health and wellbeing of the community."

Kim Thompson, Illawarra
 Shoalhaven Health District,
 Health Promotion Officer

"I have been a volunteer at the BBCR Great Mates shed for approx 6 years. I enjoy coming down to the shed each week and working with the various regular group participants that attend the activities, whether it's the different school kids, disability groups or aged care groups I enjoy it all."

Wayne Grumley,Volunteer

If you would like to become a volunter, wish to donate or are keen to participate in any of our programs or projects, please contact us on the details provided on the back cover of this annual report.



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